MOVING MOUNTAINS KENYA

CHANGING LIVES

October Feeding Program Report



IMPACT AND INDICATORS HIGHLIGHTS

183,000
Moving Mountains provided 183,000 meals served in the 2026 school year calendar

44 Metric tonnes
44 Metric tonnes of food supplies for feeding programme

535
535- number of children receiving meals every school day

KShs. 6.26 million
Kshs. 6.26 million- annual programme cost

12 households
12 households received wet or dry supplies from our food bank

98%
98% ECDE school attendance

65 learners
65 learners from PP2 graduated to join Grade 1 next year

INTRODUCTION

Many of the children we feed arrive at school hungry. A meal at school is what makes it possible for them to concentrate and for some it is the only dependable meal of day.
In 2026, Moving Mountains served 183,300 meals in the school year calendar, about 18,300 meals every month using 44 MT (metric tonnes) of food at an annual cost of Kes. 6.,259,750. The breakfast we serve at 8.00 a.m. gave children a good reason to come to school early and never miss a day. Lunch which is served from 12.30 p.m. continues to nourish the learners enabling the programme to supply 30-40% of a child's daily food needs. Kathita ECDE and Shauri ECDE are in the middle of slum and attendance reached 98%. Enrollment grew steadily through out the year. Kathita went from 28 learners in January to 40 learners by the close of the year. Shauri ECDE enrolled 15 learners by January and has closed the year with 40 learners. 65 Learners in PP2 have graduated and will be starting grade one next year. This is a great milestone for the graduates.

183,000	44 MT	535	12	98%	65
meals provided (school year 2026)	food supplies (metric tonnes)	children fed every school day	households supported	ECDE school attendance	learners graduated

1. WHY MEALS MATTER.

Young children grow quickly and their bodies and brain need regular food. A hungry 4-year-old finds it hard to sit, listen and play on an empty stomach. A warm meal at school lets them be active and participate well in their studies.

> Even as Kathita ECDE Centre started in January 2026 with an enrollment of 28 learners, there was growth in enrollment and attendance was 98%. The learners were provided with breakfast and lunch which has resulted to increase in enrollment and attendance. The learners enjoyed being in school
>
> **Teacher Jerusha, Kathita ECDE Centre.**

> Since inception of the feeding programme, the institution has received a great positive change. Learners are able to come to school in time even without breakfast from home. Learners' performance has improved and we are grateful for the programme in our school. Enrollment has increased from 50 in January to 90 by the close of the year. Children had happy and jovial faces when in class. Minimal absentees have been noted, unless due to unavoidable circumstance. We look forward to continue partnering with you.
>
> **Teacher Pauline, PP2 teacher at Dallas primary school.**

> The school meals program has changed the face of Gatwe primary school and the community around it. In 3 rd term, PP1 mean score rose from 346.42 in the Mid- term exams to 437.83 at the end of term. The PP2 mean score rose from 369.16 to 423.92. We link these gains to children coming to school everyday and being able to concentrate and take part in lessons.
>
> **Mr. Nyaga, Head teacher Gatwe primary school.**

> I grow bananas and sell to Gatwe satellite kitchen. The income pays for my grandchildren school fees and help manage my farming. It gives me huge pride to see what I invested in my small shamba(garden) is bringing good returns and changing lives to the children in my community."
>
> **Mama Mugambi, kiangucu village, ripe bananas supplier.**

2. LOOKING AFTER CHILDREN AT RISK

Not every child who needs help can be found in a classroom. Some are living through trouble at home that makes school hard to attend. This year we have worked with about 15 boys in difficult family situations. These are either caused by:

Gender-based violence at home

Gender based violence at homes- some mothers have to run to safety with their children. They arrive with very little and the first thing they need is food. By feeding the family through our food bank, we give them a firm ground to stand on while they start again.

Child-headed family

Child- headed family- in some households, young mothers (as young as 16 years) struggle with basic needs such as food.

Parental separation and divorce

Parents separation and divorce- when parents divorce or separate, children are hurt and get angry. Some decide to run away and make their way to town, where they are at greater risk.

In each case, a meal and a place in school is often the first thing we can offer. It tells the child that somebody is looking out for them. Five boys have settled back in class.





3. OUR ADVOCACY

- That school meals are treated as a safety net for children who are vulnerable and also as a way to improve school attendance. A child who is fed is a child who is likely to stay in school.

- A clear referral route between schools, the county children officers office and our team, so that a child in trouble is not left to fall through the gap.

- Support from the county health department for regular food safety checks of our kitchen and storage.







4. COMMUNITY AND DONOR GENEROSITY

Donor	Type of donation
Pat Mullan	Cash gift Ksh. 10,000
Scotland Pamoja Kenya	• A 45-litre smokeless stove for rescue Centre kitchen. • 26 trays of eggs • 90 kgs dry maize • 4kgs each of carrots, tomatoes, onions and cabbages.

The smokeless stove will help in preparation of vegetables. We would like to thank our donors, partners and supporters whose contribution make this work possible.





5. LOOKING AHEAD.

• We will continue to promote sustainable child and nutrition sensitive food system that
ensure long term access to nutritious meals for vulnerable children.
• Rescue Centre kitchen will continue running during the long holiday (9 weeks) as we
continue to serve 200 children who visit the Centre.



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