

August Feeding Program Report



INTRODUCTION

August is typically a quite month on the school calendar but it was anything quite for Moving Mountains at the Rescue Centre in Embu county. With schools closed for the holiday, our focus shifted to the children who depend on us most, to the generosity of our local community and to keep our facility in good working order. This update covers:

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400

meals served daily

Monday to Friday



6,000

meals served

during the 3 week holiday



5+

vulnerable households

reached through our food bank



Ksh. 12,200

water storage

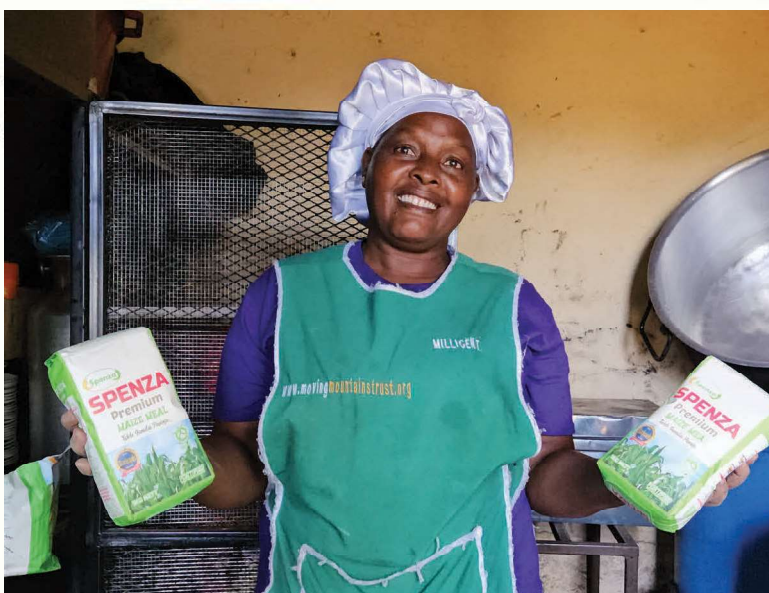
Infrastructure



Ksh. 28,830

storage cabinet

Investment



1.

HOLIDAY FEEDING

NO CHILD LEFT HUNGRY

For most of school going children we serve at school, the end of a school term means the daily meal routine ends with it. That's why Moving Mountains keeps the kitchen running at the Rescue Centre through the holiday so that the most vulnerable children in our program continue to eat every day from Monday to Friday.

This august holiday, 200 children accessed meals (breakfast and lunch) out of 535 children we serve across our 4 schools during the term. It's mostly during the holidays when households budget is stretched furthest that a reliable meal matters the most.



200

children

accessed meals
(breakfast & lunch)



**MONDAY
TO FRIDAY**

meals served
during the holiday



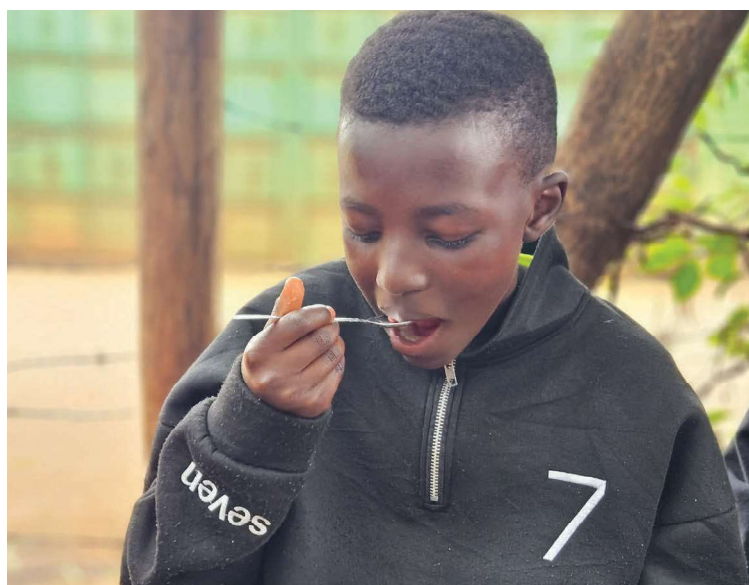
4

schools
served during
the term



535

children
served across
the 4 schools

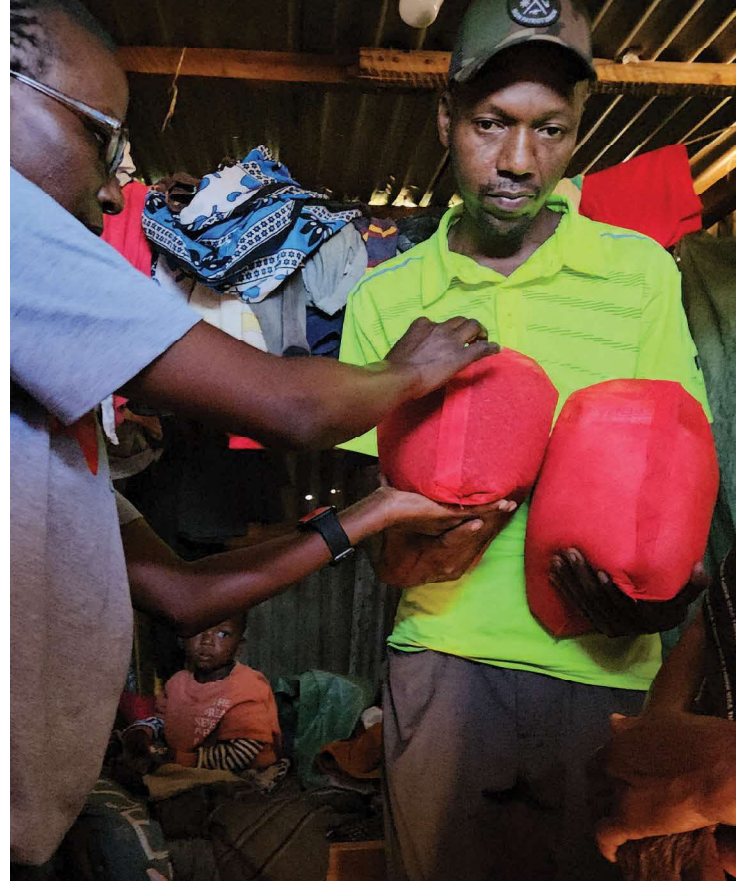




2. COMMUNITY GENEROSITY.

August also brought a wave of support from our local community in form of cash, food and clothing. We are grateful to everyone who gave and we wish to acknowledge them here

Donor	Type of donation	Amount
Elizabeth Njiru	Cash gift	Ksh. 60,000
Lucy Mutua (A.C.K)	Dry beans	50kgs
The Gerald family	Food and clothing	5kgs maize flour, 25kgs rice and clothing
Bilha Kawira	Food	25kgs cowpeas



3. A FOOD BANK FOR FAMILIES IN CRISIS

Rather than let the donation sit in store, we used them to establish a small food bank which allowed us to do family outreach. These families who were currently facing hardships were identified through home visits and were gifted food parcels to sustain them.

HOUSEHOLD	FAMILY MEMBERS	QUANTITY PER FAMILY	CIRCUMSTANCES
Mama Florence	Single mother of 4	4kgs maize, 4kgs beans, 4kgs rice, 1kg maize flour and clothing	She lives in the slums and has unstable income.
Mama Baraka	Single mother of 4	4kgs maize, 4kgs beans, 4kgs rice, 1kg maize flour and clothing	She got evicted and a well-wisher is hosting her. They had challenges with food.
Baba Alfred	Single father of 3	4kgs maize, 4kgs beans, 4kgs rice, 1kg maize flour and clothing	Wife passed on. He has a 2 year old son who faces malnutrition and does not have stable income
Mama Robert	Single mother of 4	4kgs maize, 4kgs beans, 4kgs rice, 1kg maize flour and clothing	Lives in the slums
Mama Shalin	Single mother of 3	4kgs maize, 4kgs beans, 4kgs rice, 1kg maize flour and clothing	Lives in the slums

4.

INSTALLATION OF STORAGE TANK AND METALLIC CABINET

We completed plumbing work to connect our 460 litres storage tank, improving our ability to store water on site for kitchen and hygiene use. The total cost was Ksh. 12,200.

We also constructed a metallic food storage cabinet to improve health, safety and inventory preservation. This initiative directly addresses a severe rodent issue that previously threatened the store. This upgrade fully complies with public health regulations, replacing previous metallic boxes that did not have air circulation to ensure foods remain fresh, securely stored and free from contamination. The cost for the cabinet was Ksh. 28,830



5.

BACK TO SCHOOL 3rd TERM

Schools opened on 24th august and Moving Mountains resumed full program delivery without interruption. We are once again feeding 535 children every school day which translates to 915 meals prepared in our kitchen. Getting back to this scale smoothly reflects the hard work and team work our staff put in every day.



5.

MENU ADJUSTMENT. A MORE SUSTAINABLE BREAKFAST

In August we adjusted the breakfast menu in our school meals program to help protect the budget over the long term. Eggs and buns were removed from the menu and replaced with a ripe banana and a cup of hot chocolate. The lunch menu remained unchanged.

A ripe banana is an easy, gentle food for young children to eat and digest and provide a good source of energy along with potassium and vitamin B6, both useful for a child's growth and daily activities.

The adjustment is expected to save Ksh. 59,500 per month. This savings builds a buffer against rising food prices, reduces the risk of disruption to feeding and continues the program's reliability for years to come.

As part of the change, we have notified our suppliers to stop delivering eggs and buns.

6.

RECOMMENDATIONS

We recommend the following steps over the coming months

- Establish a logbook for the food bank, recording which household receives support and when.
- Monitor the menu adjustment and get feedback from teachers on children's energy and attendance.
- Actively seek additional donors or partners for more funding towards the program.



7. A DUTY ROTA FOR RESCUE CENTER

This August, we introduced a formal duty rota for the kitchen staff at the rescue centre. This has enabled morning responsibility of opening the kitchen to be shared across the whole team. This has brought a noticeable gain in efficiency since there is segregation of duties. It has also strengthen teamwork as staff are working well together to ensure the kitchen is running smoothly and giving the team a fairer workload and responsibility.

8. LOOKING AHEAD

Thank you for always standing with Moving Mountains, the children and families we serve. Your continued support and donation has been a safety net for these vulnerable children.

We appreciate your ongoing financial support.



*Prepared by: Ruth Muthoni
School Meals Program Coordinator
Embu County, Kenya*

