



Welcome to the Moving Mountains Trustees Report

April 6 2021 – April 5 2022



The Trustees of Moving Mountains Trust present their annual report for the year ended 5th April 2022, together with the accounts for the year and confirm that the latter comply with the requirements of the Charities Regulations 2008 for reporting. We also confirm that all of the activities undertaken by the charity were to further its charitable purposes for the public benefit.

As ever, the integrity of our work remains uppermost and it is always with great pride that the charity remains true to its objectives. We continually try to attract new donors and volunteers as the backbone of our support.

Contents:

1. Chairman's welcome
2. Trust details
3. Purposes of the charity and governance
 - Vision
 - Charity Objectives
 - Governing Document
 - Grant making analysis
 - Reserve Policy
 - Going Concern
 - Risk management
 - Public Benefit
 - Disclosure of Information
 - Conflict of Interest
 - Statement of Trustees' Responsibility
4. Financial Statements
 - Financial Review and summary of the year
 - Receipts and Payments
 - Balance sheet
 - Restricted donations to East Africa
 - Restricted donations to Nepal
 - Restricted donations to UK
 - Staff, governance and fundraising costs
 - Grant categories
5. Developing Operations
6. Review of Charitable Activities
 - Kenya
 - Nepal
7. Thank You

1. From the Chairman - Gavin Bate

February and March 2021 saw the Covid pandemic hit the UK and the rest of the world, which resulted in lockdowns in all the countries we both fundraise and operate in. These strange new times meant as a charity we needed to consider which direction we would make for the upcoming financial year, a lot of our fundraising tends to come from individuals and groups that are travelling to the countries we work in and it was clear from early on that this financial year would result in a big reduction in our un-restricted funding.

Thinking ahead the trustee's agreed that for the foreseeable future we would do our best to keep existing programmes in both Kenya and Nepal running by funding our partners in Nepal and east Africa with the continued essential programmes that each NGO is delivering. Our aim is to maintain our core commitments at this time and keep our promises to all the beneficiaries and people we employ who rely on our money and support.

Our core programmes of education, health, social welfare and personal development continued to run successfully and we are very proud that such long term support has enabled some of our supported students to achieve high levels of education. We have managed to maintain employment for many teachers, health care workers and social workers who improve the lives of many children and people in the communities where we work.

In Nepal we continue to support the teachers in the three schools in Bumburi, Bupsa and Khari Khola. Our aim as always is to provide long term support which provides consistency for many years for hundreds of children to continue to develop in a safe and happy environment. The same ethos applies to the Medical Centre in Bumburi, our continued funding provided valuable support in the region during what was unprecedented times

In Kenya we continued our support of the feeding programme and community projects at the Embu Rescue Centre which provided essential services in uncertain times for many street children and street families. We also managed to run our personal development programme at Embu in partnership with Becoming X. This dynamic has really helped to promote a high level of motivation and breaking down of stereotypes and we hope to continue with this programme in the future.

Our core donor support is as valuable as ever and indeed really does enable us to plan ahead, even in what was a very difficult year. Thanks to the support from Granaghan Outreach we completed our biggest water project to date with a borehole delivered to the Chris Morrone Secondary School and Tigithi Primary School on the lower slopes of Mount Kenya



Gavin Bate, Chairman Moving Mountains, May 2022

2. Moving Mountains Trust

Official charity name	Moving Mountains Trust
Charity Number:	NIC 100742 . We are registered as a charity by the Northern Ireland Charity Commission
Charity classifications:	the prevention or relief of poverty the advancement of education the advancement of health or the saving of lives the advancement of citizenship or community development the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage. personal development
Area of operation:	Kenya and Nepal and Tanzania
Address and registered office:	PO Box 14, Portstewart, Northern Ireland BT55 7WS 2a Church Street, Portstewart, Northern Ireland BT55 7AG
Board of Trustees	
Chairman	– Gavin Bate
Secretary	– Chris Little
Treasurer	– Andrew MacDonald
Trustee	– Susan Birkett
Trustee	– Dot King
	New trustees are voted in following a proposal by any of the current Trustees which can be made at any time. We aim for a unanimous agreement before potential trustees are approached. No other individual or organisation can appoint trustees.
Governing Document:	Trust Deed The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.
Bankers:	Ulster Bank, Coleraine, Northern Ireland.
Website:	www.movingmountainstrust.org
Email:	info@movingmountainstrust.org
Phone:	(+44) (0)28 708 31258

3. Purpose of the charity

The aim of the Trust is to provide funding to NGOs in East Africa and Nepal which are called Moving Mountains Kenya and Moving Mountains Nepal, which carry out the remit of our charitable objectives and create lasting change in targeted areas and geographies, based on need, and on the interests of the Trustees and the local stakeholders.

The Trust partners with those organisations that share our objectives, values and methodologies and that fully represent the views and needs of local stakeholders.

We also engage in volunteering activities designed to promote global citizenship and teach progressive development education through practical interaction and experience under the strapline 'personal development through international development'.

For many years we have been providing training and mentoring for volunteers and school groups, and those experiences have contributed considerably to career choices, self esteem and happiness, helping to develop grounded young people with a greater perspective of the world which we live in.

We concentrate on attracting donors and volunteer groups, and the delivery of our services in the UK to young people looking for opportunities to enhance their career opportunities

Vision

We believe that people who are educated and healthy and recognised as equal global citizens have greater opportunities. Our vision is that empowered equitable relationships will ultimately drive the evolution of development and help us move mountains for people to succeed and improve their quality of life.

Charity Objectives

(i) the provision of financial assistance, food, clothing and shelter to children and their families who are homeless or living in desperate conditions to help advance their education, relieve their poverty and promote their ambitions, hopes and dreams.

(ii) the provision of financial assistance, advice and expertise for self-help projects, schemes and rehabilitation camps for street children in order to promote practical and vocational skills, the production of food and income, good citizenship and standing in the local community, plus an increased sense of personal self-esteem and enjoyment of life.

(iii) the financial assistance and otherwise for setting up useful rural and urban community programmes which are environmentally responsible and which promote empowerment and sustainable development; this includes facilities and projects in the interests of education, social welfare, the improvement of existing conditions and the promotion of awareness to a wider audience.

(iv) the relief of sickness and the safeguarding of health by grants of money for:

- (a) the provision of drugs and medical appliances, and the support of medical and other personnel engaged in and for such purposes.
- (b) the provision and support of facilities in the interests of social welfare for the relief of sickness and distress.
- (c) the promotion of public education in all matters relating to HIV and AIDS.
- (d) the prevention of children's diseases through conditions brought about by severe poverty and lack of education.

(v) the development and joint maintenance of community groups in areas benefiting from all of the above whereby specific, measurable, achievable, relevant and time-bound objectives are evaluated, supervised, implemented and monitored so that the benefits can serve the community for years to come; this includes the provision of volunteers and personnel, shared management and implementation of projects, training, maintenance, advice and arbitration over problems or disputes plus assistance with accounts and records.

(vi) to advance the education of the public in global citizenship and youth development through expeditions in all areas of operation.

Governing Document:

Trust Deed. The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.

Grant Making Analysis

Decisions on grants to Kenya, Nepal and Tanzania are made by the Trustees. Trustees approve grants or fund projects which demonstrate public benefit within the remit of the Trust objectives and within the criteria of guidance taken from the Charity Commission. In addition the Trust actively looks for projects or programmes that show leverage through involvement and additional funding from local authorities and other organisations.

Overall the Trustees were pleased that the Trust was able to maintain grant-making in its core operations, cover overheads, maintain its underlying financial base and increase its donor base through improved communications.

Reserve Policy

The reserve policy is to provide sufficient capital to continue its grant-making programme and support future expenditure plans, and also to build up its unrestricted reserve to manage against unforeseen circumstances such as economic uncertainty. The Trustees this year adjusted the figure of unrestricted reserves to be maintained at a minimum of £20,000, which represents under 10% of annual spend, and this policy is reviewed annually.

Going Concern

The Trusts financial position and performance has been outlined in the financial review. The Trustees have assessed projected future income, expenditure and cash flows and have analysed the strength of the Trust's reserves, its liquid assets and its ability to withstand a material fall in incoming resources. Consideration has been given to stability and diversity of various income streams in making this assessment.

The Trustees have concluded that there is a reasonable expectation that the Trust has adequate resources to continue activities for the foreseeable future. Accordingly they continue to adopt the going concern basis in preparing the financial statements.

Risk Management

The Trustees are satisfied that the major risks identified in the main areas - financial, governance, operational, compliance and external - have been mitigated through proper and comprehensive planning and operational decision-making, management systems, insurance cover, specialist advice and holding appropriate levels of funds for residual reserves. The risk management assessment is monitored regularly by the staff and by the Trustees. The Trustees have also considered any potential conflicts of interest and the implications of the Bribery Act 2010.

Public Benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and setting grant making policies. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. There will be no restrictions on future grant making through poverty, location or lack of entitlement.

Disclosure of Information

The Trustees who held office at the date of approval of this Trustees' report confirm that they have taken all the steps that they ought to have taken as a Trustee to make themselves aware of any relevant financial information and to establish that the relevant authorities are aware of that information.

Conflict of Interest

The trustees confirm that there is no conflict of interest with the tour operator Adventure Alternative that supplies all the travel arrangements for groups or volunteers going to work on Moving Mountains projects, irrespective of the fact that three of the Trustees are employed by the travel company.

The charity has a clear agreement with the company to provide the trip logistics because the company is a registered tour operator with the correct bonding and insurance in place to comply with the UK Package Travel Regulations and the EU Travel Directive. The company provides services at a reduced cost for the charity.

Additionally Adventure Alternative supplies overheads and resources and staffing free of charge for the charity, in particular employee time from Christopher Little, Andrew MacDonald and Gavin Bate. This amounts to a figure in the region of £50,000 per annum as a donation in kind. The trustees do not make any personal financial gain from the charity.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and regulations. In preparing the financial statements the Trustees are required to select suitable accounting policies and apply them consistently, observe the methods and principles in the charities SORP (Statement of Recommended Practice), make judgements and estimates that are reasonable and prudent, and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions, and disclose with reasonable accuracy at any time the financial position of the Trust. They are also responsible for safeguarding the assets of the Trust and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the financial information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.



4. Financial Statements

Financial Review and Results

During the year the Trust **raised £59,720.00**, a decrease of 12% from the previous year.

Total **expenditure for the year was £56,090.00**, an increase of 6% from the previous year.

The core costs of the Trust were covered by donations in kind from Adventure Alternative once again, enabling us to devote over **99 % of our funds to charitable purposes**, less than 1% of funds spent went to general overheads like banking charges.

Out of the total funding spent of **£55,537.00** during the year on charitable activities, the breakdown of expenditures across the different countries and remits was as follows: **83.4% to Kenya and 16.6% to Nepal**. Cash funds at the end of year were £64,521, an increase of 5.96% from the previous year.

Due to the pandemic, our main funding moved away from volunteers and visiting groups promoted through Adventure Alternative, but rather from our monthly standing orders and annual support from organisations such as Granaghan Outreach, King Edwards School and SEO Travel. Funding was also received from Gilbert Njeru's (Chairman of Moving Mountains Kenya) 'Summit to Sea' Challenge which saw Gilbert and project manager Francis Kioni cycle from the summit of Mount Kenya to the seaside town of Malindi.

The Trustees have continued to focus on creating sustainable income streams and three primary objectives for income generation:

- to ensure core costs remain covered by corporate in-kind donations through Adventure Alternative;
- to demonstrate long-term relationships with supporters based on effective stewardship and evidence of the impact of its programmes;
- to develop the volunteering programme while at the same time promoting a high degree of integrity and social responsibility towards the expectations of volunteers and local host communities.

Furthermore the Trustees continue to ensure expenditure and grants are monitored regularly and are in line with approved budgetary controls, with use of cloud services for live sharing of information and VoIP technology to provide free communication.

We are unusual in that three of the trustees maintain a daily contact with the regional offices and work voluntarily to help with the running of the charity. Their input has been consistent now for well over a decade and it is their knowledge and analysis which has enabled the charity to work efficiently and flexibly.

Approved by the Board of Trustees and signed on its behalf by,



Gavin Bate – Chairman

Receipts and Payments



MOVING MOUNTAINS

CHANGING LIVES

Moving Mountains Trust

Registered Charity No. XR62512 (Northern Ireland Charity Commission NIC100742)

Receipts and payments accounts

For the period from

06 April 2021

To

05 April 2022

Section A Receipts and payments

	Notes	Unrestricted funds	Restricted funds	Total funds 2021/22	Total funds 2020/21
		£	£	£	£
Receipts					
funds:					
Voluntary income					
- Public donations and campaigns		38,764	-	38,764	45,995
- Gift Aid		-	-	-	10,662
- restricted donations - Kenya		-	20,956	20,956	6,175
- restricted donations - Nepal		-	-	-	4,975
- restricted donations - Tanzania		-	-	-	-
- restricted donations - Morocco		-	-	-	-
- restricted donations - UK		-	-	-	-
Total receipts		38,764	20,956	59,720	67,807
Payments					
Charitable activities:					
Moving Mountains Kenya		25,579	20,713	46,292	32,143
Moving Mountains Nepal		9,245	-	9,245	13,200
Tanzania		-	-	-	720
Morocco		-	-	-	-
Personal Development		-	-	-	-
		34,824	20,713	55,537	52,069
Costs of generating funds:					
School promotion campaign		-	-	-	-
Advertising and PR		-	-	-	72
		-	-	-	72
Governance & Finance:					
Fundraising Regulator		-	-	-	50
Independent Examiner		-	-	-	-
Public Liability Insurance		-	-	-	-
Bank charges		180	-	180	233
Just Giving charges		373	-	373	216
Other resources expended:					
Translation of English to Swahili for schools		-	-	-	-
Africamp 1st Aid Medical Courses		-	-	-	-
		553	-	553	505
Total payments		35,377	20,713	56,090	52,646
Total receipts less total payments		3,387	243	3,630	15,161
Cash funds last year end		51,217	9,674	60,891	45,730
Cash funds this year end		54,604	9,917	64,521	60,891

Balance Sheet

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Total funds
		£	£	£
Cash funds	Cash at bank	54,604	9,917	64,521
Signed on behalf of the trustees	Print Name	Signature		Date of approval
	Gavin Bate			17/04/2023
	Andrew MacDonald			17/04/2023

Restricted Donations to Kenya

Note 1 Restricted funds - Kenya:			Brought forward from 2020/21	60% of Receipts 2021/22	Payments 2021/22	Carried forward to 2022/23
Category	Restricted fund	Donor	£	£	£	£
Social Welfare	Toto Love Development	Zara McKeague 2020 Team	2,149	243	-	2,392
Social Welfare	Community Infrastructure - Chris Morone Secondary	Granaghan Outreach	-	14,113	14,113	-
Education	School Development - Chris Morone Secondary	Anne-Marie Morone	-	155	155	-
Education	Pilot Education Development Project (Embu)	Becoming X	-	6,445	6,445	-
			2,149	20,956	20,713	2,392
Note:						
* In normal circumstances restricted donations for Kenyan projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of such donations.						
** These donations have been accepted on the basis that 100% of the donation will be restricted and be spent fully on project costs or personal development.						

Restricted Funds to Nepal

Note 2 Restricted funds - Nepal:			Brought forward from 2020/21	60% of Receipts 2021/22	Payments 2021/22	Carried forward to 2022/23
Category	Restricted fund	Donor	£	£	£	£
			-	-	-	-
Note:						
* In normal circumstances restricted donations for Nepalese projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of such donations.						

Restricted Funds to Tanzania

Note 3 Restricted funds - Tanzania:			Brought forward from 2020/21	60% of Receipts 2021/22	Payments 2021/22	Carried forward to 2022/23
Category	Restricted fund	Donor	£	£	£	£
Education	Classroom construction - Ng'aroni Primary School	RoundSquare Schools Project	7,500	-	-	7,500
			7,500	-	-	7,500
Note:						
* In normal circumstances restricted donations for Tanzanian projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of such donations.						
** These donations have been accepted on the basis that 100% of the donation will be restricted and be spent fully on project costs or personal development.						

Categories for Expenditure

Main Category	Second Category	Description
Education & Vocation	Primary School Fees	Payment for primary school fees for children aged 7 - 14 years
	Secondary School fees	Payment for secondary school fees for children aged 14 - 18 years including additional costs
	College fees	Support for college courses, university fees or vocational training
	School classrooms	Capital funding for any new classrooms or rehabilitation of structures, in collaboration with authorities and local committees
	School facilities	Funding for libraries, toilets, water tanks and facilities specific to the educational institution which may or may not also be income
	Teaching resources	Purchase of instruments, books, arts, sports kits and any other equipment necessary for non-examinable subjects
	Teacher salaries	Supplement of salaries for teachers who are involved in communities where we work
Personal Development	Youth rehabilitation camps	Kwa Sisi (One to One) which are the highlight of the year for our beneficiaries
	Black Cats football coaching	Funding for matches, coaches and training equipment for our youth football teams around Kenya
	Mount Kenya expeditions	Funding for any expeditions to Mount Kenya for our beneficiaries as part of their overall development and rehabilitation
	Career development	Funding for work experience, career visits, courses and interns that we provide for personal and career development
	Volunteer training	Training in the UK for preparation of groups and volunteers going
Social Welfare	Ulamba Childrens Home & EC	Costs for the running of the childrens home in western Kenya, with 23 children and 7 staff
	Child care at Mama Fatuma	Donation towards the costs for certain children at the Mama Fatuma Home in Nairobi
	Embu Rescue Centre	Funding for the rescue centre in Embu that provides food and support to street children
	Home support services	Helping for home costs covering food and rent of the families of children we support in school
	Child Support Services	Any additional payments for children eg bags, fares, pocket money
	Community Infrastructure	Building of water tanks, wells and pipelines which are part of the improvement of community infrastructure and increased quality of
Health	Building clinics	Building and renovating of clinics or medical institutions
	Healthcare facilities	Providing facilities at medical institutions
	Home healthcare	Funding for medical support in the home, medicines etc of families we support through the children and home support services
Economic	Social Enterprise	that have a social benefit and stimulus for the community or environment.

Adventure Alternative - donation in kind:

Donations in kind included office space, telephone, stationery, postage and travel expenses as well as 25% of the time of three full-time members of staff in the Adventure Alternative UK office, amounting to an estimated total of £50,000 per annum.

5. Developing Operations

Fundamentally the trustees agreed to cut down expenses in its core areas of Kenya and Nepal because of continued difficulty with getting funding or fundraising. We decided that during this year in particular it would not be reasonable to consider expanding existing programmes or committing to new ones through our unrestricted donations, and that we would in the future have to concentrate on those programmes and projects which are related to specific groups and volunteers.

6. Review of Charitable Activities

Moving Mountains in Kenya

Employed Project coordinator (Kioni), Volunteer coordinator (Gilbert), Embu Rescue Centre Cook / Carer (Lilian), Security and support staff for Embu Rescue Centre, MM Administrator (Mungai – partly funded by AA), ECD teacher in Solio (Hannah Munyori) & Sports Coach in Embu (Sammy – Black Cats)

Employed ECD teacher at Ng'aroni Primary in Tanzania

Funded the Black Cats Football Club for street children in Embu

Funded the feeding programme for street children at the Embu Rescue Centre

Funded a number of individual kids in Primary, Secondary and College

Built a bore-hole at Chris Morrone Kiamathaga Secondary School on the lower slopes of Mount Kenya, near Naro Moru (August 2021)

Delivered our first personal development programme for children from slum schools in Embu (31st July 2021 – 4th December 2021)



Moving Mountains in Nepal

Employed 3 x Primary School teachers in Bumburi Primary
Employed 5 x Secondary School teacher in Bumburi Secondary
Employed Community Nurse at Bumburi Clinic
Employed Health Care Assistant at Bumburi Clinic
Employed Charity Coordinator



7. Thank You

All of the trustees, staff and beneficiaries of Moving Mountains would like to extend a heartfelt thank you to all of our donors and supporters around the world. Your support and commitment has again ensured that we were able to continue to achieve our objectives as a charity, benefiting disadvantaged children, young people, families and communities and working towards long-term development outcomes and strategies.

We extend a special thank you to the following donors and groups who have been instrumental in supporting the charity and enabling us to achieve our objectives over 2021/22:

Adventure Alternative
SEO Travel
Anne-Marie Morrone
Granaghan Outreach

King Edward's School
Nick Perris
Limavady Rotary
All of our Standing Order donors

