



Welcome to the Moving Mountains Trustees Report

6th April 2018 – 5th April 2019

The Trustees of Moving Mountains Trust present their annual report for the year ended 5th April 2019, together with the accounts for the year and confirm that the latter comply with the requirements of the Charities Regulations 2008 for reporting. We also confirm that all the activities undertaken by the charity were to further its charitable purposes for the public benefit.

As ever, the integrity of our work remains uppermost and it is always with great pride that the charity remains true to its objectives. We continually try to attract new donors and volunteers as the backbone of our support.

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1. From the Chairman - Gavin Bate

Moving Mountains is coming up to 20 years old from the time it was first registered in 2000, but I first began the charity unofficially in 1991 during a period of time in my life working with a number of aid agencies and then with a street child rehabilitation programme that led me to a school in the industrial area of Nairobi where I met many of the beneficiaries who are now employed by the charity. It's hard to believe that those children I worked with for so long are now adults and parents themselves.

In Nepal my years of climbing in the Himalayas began at much the same time in the 1990s and I was fortunate to meet Ang Chhongba Sherpa, a young porter at the time who invited me to his village called Bumburi in the Solu Khumbu. Little could I guess that the children I met then are young adults now with children of their own.

I am in the fortunate position of having seen the evolution of this charity since it began, and I have watched how the commitment of long term support and funding and care does eventually lead to a complete move from one situation to another. The children in Nairobi lived on the streets and had a life of great privation and they suffered great emotional and physical trauma. Now they are middle class Kenyans and their children will never suffer the same privation. They have escaped permanently the poverty trap and achieved social mobility through education, money and support over many years. This is what I wanted to achieve with Moving Mountains right from the start.

In Nepal the villages have been transformed completely and they are now sustainable attractive places to live. Families move to the area now, to give their children education and a good quality of life. Businesses thrive, the monasteries are full of people, new paths have been built, crops have succeeded and we have brought in new industries like tea. Electricity is commonplace and now a road is being built through the region which will change everything. Where before there was social degradation we have achieved over 20 years a social transformation for the better.

The key to all of this is long term commitment and a personal relationship that develops and grows. It's not an anonymous process, these are real people who have become a big part of my own life. Indeed their life stories have become inextricably linked to mine. And of course like any relationship there have been ups and downs, break ups and reunions. Difficult times and good times, times when I have lost touch with some and times when people have acted badly. I maintain that honesty and integrity are the two key values to keep the relationship alive, and for sure there have been some who have become lost along the way.

Nowadays so many supporters and volunteers have had their own meaningful relationships with people they have met through this charity. I have watched those relationships come and go too. In this way the charity is much more than a body that provides funding, it has enabled some people to make career choices and experience a whole avenue of experiences that would not have occurred without the

opportunity the charity provided. Many of them have formed their own close relationships, some successful and some not. I watch all of this unfold and link it all the way back to those days when I was driving aid trucks and living in Kibera building clinics and getting street kids out of jail, and I'm amazed at the journey and how many people it has affected. Some has been negative, I don't deny that it has not always brought the best out in people, but the vast majority has been positive. I'm very proud.

The aim has always been to make the charity self-sufficient and not personality driven. But that may be a naive thought. Ultimately it was my idea and my commitment and mostly my expeditions which raised the money. I have always been incredibly motivated by social injustice and my support for the disenfranchised and vulnerable. It is a fundamental part of who I am.

My hope is that all those people who have made valuable relationships with people they have met through Moving Mountains and been moved by the stories of the beneficiaries, and who have been impressed by the integrity I have always maintained in the running of the charity, will convert that feeling into supporting us. Not a like on Facebook but some sort of fundraising event or standing order that will keep it all going.

And if you are a long term supporter, then please accept my heartfelt thanks and eternal gratitude. On behalf of so many, your support is upholding a real vision of long term support that I can now see has created generational change for the better, a complete transformation in people's lives and new opportunities for hundreds and hundreds of people.

A handwritten signature in black ink, appearing to read 'Gavin Bate', written over a large, stylized circular scribble.

Gavin Bate, Chairman Moving Mountains, April 2019

2. Moving Mountains Trust

Official charity name	Moving Mountains Trust
Charity Number:	NIC 100742 . We are registered as a charity by the Northern Ireland Charity Commission
Charity classifications:	the prevention or relief of poverty the advancement of education the advancement of health or the saving of lives the advancement of citizenship or community development the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage. personal development
Area of operation:	Kenya and Nepal and Tanzania
Address and registered office:	PO Box 14, Portstewart, Northern Ireland BT55 7WS 9 Central Avenue, Portstewart, Northern Ireland BT55 7BP
Board of Trustees	
Chairman	– Gavin Bate
Secretary	– Chris Little
Treasurer	– Andrew MacDonald
Trustee	– Susan Birkett
Trustee	– Dot King
	<p>New trustees are voted in following a proposal by any of the current Trustees which can be made at any time. We aim for a unanimous agreement before potential trustees are approached. No other individual or organisation can appoint trustees.</p>
Governing Document:	Trust Deed The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.
Bankers:	Ulster Bank, Coleraine, Northern Ireland.
Website:	www.movingmountainstrust.org
Email:	info@movingmountainstrust.org
Phone:	(+44) (0)2870 835 124

3. Purpose of the charity

The aim of the Trust is to provide funding to NGOs in East Africa and Nepal which are called Moving Mountains Kenya and Moving Mountains Nepal, which carry out the remit of our charitable objectives and create lasting change in targeted areas and geographies, based on need, and on the interests of the Trustees and the local stakeholders.

The Trust partners with those organisations that share our objectives, values and methodologies and that fully represent the views and needs of local stakeholders.

We also engage in volunteering activities designed to promote global citizenship and teach progressive development education through practical interaction and experience under the strapline 'personal development through international development'.

For many years we have been providing training and mentoring for volunteers and school groups, and those experiences have contributed considerably to career choices, self esteem and happiness, helping to develop grounded young people with a greater perspective of the world which we live in.

We concentrate on attracting donors and volunteer groups, and the delivery of our services in the UK to young people looking for opportunities to enhance their career opportunities

Vision

We believe that people who are educated and healthy and recognised as equal global citizens have greater opportunities. Our vision is that empowered equitable relationships will ultimately drive the evolution of development and help us move mountains for people to succeed and improve their quality of life.

Charity Objectives

(i) the provision of financial assistance, food, clothing and shelter to children and their families who are homeless or living in desperate conditions to help advance their education, relieve their poverty and promote their ambitions, hopes and dreams.

(ii) the provision of financial assistance, advice and expertise for self-help projects, schemes and rehabilitation camps for street children in order to promote practical and vocational skills, the production of food and income, good citizenship and standing in the local community, plus an increased sense of personal self-esteem and enjoyment of life.

(iii) the financial assistance and otherwise for setting up useful rural and urban community programmes which are environmentally responsible and which promote empowerment and sustainable development; this includes facilities and projects in the interests of education, social welfare, the improvement of existing conditions and the promotion of awareness to a wider audience.

(iv) the relief of sickness and the safeguarding of health by grants of money for:

- (a) the provision of drugs and medical appliances, and the support of medical and other personnel engaged in and for such purposes.
- (b) the provision and support of facilities in the interests of social welfare for the relief of sickness and distress.
- (c) the promotion of public education in all matters relating to HIV and AIDS.
- (d) the prevention of children's diseases through conditions brought about by severe poverty and lack of education.

(v) the development and joint maintenance of community groups in areas benefiting from all of the above whereby specific, measurable, achievable, relevant and time-bound objectives are evaluated, supervised, implemented and monitored so that the benefits can serve the community for years to come; this includes the provision of volunteers and personnel, shared management and implementation of projects, training, maintenance, advice and arbitration over problems or disputes plus assistance with accounts and records.

(vi) to advance the education of the public in global citizenship and youth development through expeditions in all areas of operation.

Governing Document:

Trust Deed. The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.

Grant Making Analysis

Decisions on grants to Kenya, Nepal and Tanzania are made by the Trustees. Trustees approve grants or fund projects which demonstrate public benefit within the remit of the Trust objectives and within the criteria of guidance taken from the Charity Commission. In addition the Trust actively looks for projects or programmes that show leverage through involvement and additional funding from local authorities and other organisations.

Overall the Trustees were pleased that the Trust was able to maintain grant-making in its core operations, cover overheads, maintain its underlying financial base and increase its donor base through improved communications.

Reserve Policy

The reserve policy is to provide sufficient capital to continue its grant-making programme and support future expenditure plans, and also to build up its unrestricted reserve to manage against unforeseen circumstances such as economic uncertainty. The Trustees this year adjusted the figure of unrestricted reserves to be maintained at a minimum of £20,000, which represents under 10% of annual spend, and this policy is reviewed annually.

Going Concern

The Trusts financial position and performance has been outlined in the financial review. The Trustees have assessed projected future income, expenditure and cash flows and have analysed the strength of the Trust's reserves, its liquid assets and its ability to withstand a material fall in incoming resources. Consideration has been given to stability and diversity of various income streams in making this assessment.

The Trustees have concluded that there is a reasonable expectation that the Trust has adequate resources to continue activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

Risk Management

The Trustees are satisfied that the major risks identified in the main areas - financial, governance, operational, compliance and external – have been mitigated through proper and comprehensive planning and operational decision-making, management systems, insurance cover, specialist advice and holding appropriate levels of funds for residual reserves. The risk management assessment is monitored regularly by the staff and by the Trustees. The Trustees have also considered any potential conflicts of interest and the implications of the Bribery Act 2010.

Public Benefit

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and setting grant making policies. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. There will be no restrictions on future grant making through poverty, location or lack of entitlement.

Disclosure of Information

The Trustees who held office at the date of approval of this Trustees' report confirm that they have taken all the steps that they ought to have taken as a Trustee to make themselves aware of any relevant financial information and to establish that the relevant authorities are aware of that information.

Conflict of Interest

The trustees confirm that there is no conflict of interest with the tour operator Adventure Alternative that supplies all the travel arrangements for groups or volunteers going to work on Moving Mountains projects, irrespective of the fact that three of the Trustees are employed by the travel company.

The charity has a clear agreement with the company to provide the trip logistics because the company is a registered tour operator with the correct bonding and insurance in place to comply with the UK Package Travel Regulations and the EU Travel Directive. The company provides services at a reduced cost for the charity.

Additionally, Adventure Alternative supplies overheads and resources and staffing free of charge for the charity, in particular employee time from Christopher Little, Andrew MacDonald and Gavin Bate. This amounts to a figure in the region of £50,000 per annum as a donation in kind. The trustees do not make any personal financial gain from the charity.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and regulations. In preparing the financial statements the Trustees are required to select suitable accounting policies and apply them consistently, observe the methods and principles in the charities SORP (Statement of Recommended Practice), make judgements and estimates that are reasonable and prudent, and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the Trust. They are also responsible for safeguarding the assets of the Trust and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the financial information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

4. Financial Statements

Financial Review and Results

During the year the Trust **raised £172,252**, a decrease of ~19% from the previous year (£212,092.00). This was in large part because of a decrease in the number of school groups going on personal development and charity trips.

Total **expenditure for the year was £204,416**, an increase of 11% from the previous year (£181,922). This was in large part because of restricted funds being spent on personal development and training.

The core costs of the Trust were covered by donations in kind from Adventure Alternative once again, enabling us to devote **97% of our funds to charitable purposes**, with 1.3% to administrative staffing and general overheads like insurance and banking charges and 1.7% and to promotional fundraising activities including staffing of events.

Out of the total funding of **£198,057 given to charitable causes** during the year the breakdown of expenditures across the different countries and remits was as follows: **56% to Kenya, 21% to Nepal, and 23% to personal development trips (96% in Kenya, 4% in Tanzania)**. Cash funds at the end of year were £48,118, a decrease of 40% from the previous year.

Our main funding continues to come from volunteers and visiting groups promoted through Adventure Alternative, plus a number of dedicated monthly standing orders and annual support from organisations such as Granaghan Outreach and Bristol Medical School.

The Trustees have continued to focus on creating sustainable income streams and three primary objectives for income generation:

- to ensure core costs remain covered by corporate in-kind donations through Adventure Alternative;
- to demonstrate long-term relationships with supporters based on effective stewardship and evidence of the impact of its programmes;
- to develop the volunteering programme while at the same time promoting a high degree of integrity and social responsibility towards the expectations of volunteers and local host communities.

Furthermore, the Trustees continue to ensure expenditure and grants are monitored regularly and are in line with approved budgetary controls, with use of cloud services for live sharing of information and VoIP technology to provide free communication.

We are unusual in that three of the trustees maintain a daily contact with the regional offices and work voluntarily to help with the running of the charity. Their input has been consistent now for well over a decade and it is their knowledge and analysis which has enabled the charity to work efficiently and flexibly.

Approved by the Board of Trustees and signed on its behalf by,



Gavin Bate – Chairman

Receipts and Payments

Section A Receipts and payments

	Notes	Unrestricted funds	Restricted funds	Total funds 2018/19	Total funds 2017/18
		£	£	£	£
Receipts					
Incoming resources from generated funds:					
Voluntary income					
- unrestricted donations		50,080	-	50,080	125,293
- unrestricted Gift Aid		10,760	-	10,760	15,998
- restricted donations - East Africa		-	49,530	49,530	24,172
- restricted donations - Nepal		-	12,448	12,448	8,568
- restricted donations - Morocco		-	4,600	4,600	-
- restricted donations - UK		-	44,835	44,835	38,061
Other incoming resources:					
Bank interest		-	-	-	-
Total receipts		60,840	111,412	172,252	212,092
Payments					
Costs of generating funds:					
Promotional activities (includes website, etc)		2,736	-	2,736	2,163
Staff costs		-	-	-	-
Charitable activities:					
Donations to Moving Mountains East Africa		64,585	46,989	111,574	104,053
Donations to Moving Mountains Nepal		26,963	14,685	41,648	33,557
Donations to Moving Mountains Morocco		-	-	-	-
Personal Development & training		-	44,835	44,835	38,061
Governance:					
Staff costs - Accountant		200	-	200	250
Other resources expended:					
Staff costs		-	-	-	-
Bank charges		276	-	276	257
Just Giving charges		216	-	216	216
Insurance		1,932	-	1,932	1,932
Miscellaneous expenditure		1,000	-	1,000	1,433
Total payments		97,908	106,509	204,416	181,922
Total receipts less total payments		(37,068)	4,904	(32,164)	30,170
Cash funds last year end		78,020	2,262	80,282	
Cash funds this year end		40,952	7,166	48,118	80,282

Balance Sheet

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Total funds 2018/19
		£	£	£
Cash funds	Cash at bank	40,952	7,166	48,118
	Total cash funds	40,952	7,166	48,118

Signed on behalf of the trustees	Print Name	Signature	Date of approval
	Gavin Bate		03/09/2019
	Andrew MacDonald		03/09/2019

Restricted Donations to East Africa

Restricted funds - East Africa:

Category	Restricted fund	Donor	Brought forward from 2017/18 £	60% of Receipts * 2018/19 £	Payments 2018/19 £	Carried forward to 2019/20 £
Social Welfare	Embu Rescue Centre	Pat Mullan (Granaghan Outreach)	-	200 **	200	-
Social Welfare	Jackton Otieno Family Support	Moving Mountains Supporters	-	5,692 **	3,151	2,541
			-	5,892	3,351	2,541
Education	School Classrooms - Embu County ECD	Cork Schools	-	2,370 *	2,370	-
Education	School Classrooms - Embu County ECD	Zara McKeague Team	-	4,165 *	4,165	-
Education	School Classrooms - Wagai Secondary School	1st Coleraine Explorers	-	2,496 *	2,496	-
Education	School Classrooms - Wagai Secondary School	George Watsons College	-	7,931 *	7,931	-
Education	School Classrooms - Wagai Secondary School	Granaghan Outreach	-	7,017 *	7,017	-
Education	Toilet Facilities - Gatwe Primary School	Sarah's Hope	-	2,870 *	2,870	-
Education	Laboratory - Chris Morrone Kiamathaga Secondary	Sue & Michael Best Team	-	5,548 *	5,548	-
Education	School Facilities Ng'aroni Primary	King Edwards School	-	6,978 *	6,978	-
Education	School Facilities Ng'aroni Primary	Lomond School	-	4,264 *	4,264	-
			-	43,638	43,638	-
			-	49,530	46,989	2,541

Restricted Funds to Nepal

Restricted funds - Nepal:

Category	Restricted fund	Donor	Brought forward from 2017/18 £	60% of Receipts * 2018/19 £	Payments 2018/19 £	Carried forward to 2019/20 £
Health	Healthcare facilities	Nepal Med Camp 2018 clients	-	12,448 *	12,448	-
			-	12,448	12,448	-
Education	College Development	Swiss College Businesses	2,237	-	2,237	-
			2,237	-	2,237	-
			2,237	12,448	14,685	-

Restricted Funds to Morocco

Restricted funds - Morocco:

Category	Restricted fund	Donor	Brought forward from 2017/18 £	100% of Receipts ** 2018/19 £	Payments 2018/19 £	Carried forward to 2019/20 £
Education	Classrooms in Imlil	RoundSquare	-	4,600 **	-	4,600
			-	4,600	-	4,600

Restricted Funds in the UK

Restricted funds - UK:

Category	Restricted fund	Donor	Brought forward from 2017/18 £	100% of Receipts 2018/19 £	Payments 2018/19 £	Carried forward to 2019/20 £
Personal Development	Camp and Mt Kenya climb	Cork Africamp 2018	-	14,450	14,450	-
Personal Development	Camp and Mt Longonot climb	NI Team (Sue/Michael Best)	-	28,490	28,490	-
Personal Development	Kilimanjaro Fundraising Climb	Robbie Johnston	-	1,895	1,895	-
			-	44,835	44,835	-

Adventure Alternative - donation in kind:

Donations in kind included office space, telephone, stationery, postage and travel expenses as well as 25% of the time of three full-time members of staff in the Adventure Alternative UK office, amounting to an estimated total of £50,000 per annum.

Categories for Expenditure

Main Category	Second Category	Description
Education & Vocation	Primary School Fees	Payment for primary school fees for children aged 7 - 14 years
	Secondary School fees	Payment for secondary school fees for children aged 14 - 18 years including additional costs
	College fees	Support for college courses, university fees or vocational training
	School classrooms	Capital funding for any new classrooms or rehabilitation of structures, in collaboration with authorities and local committees
	School facilities	Funding for libraries, toilets, water tanks and facilities specific to the educational institution which may or may not also be income
	Teaching resources	Purchase of instruments, books, arts, sports kits and any other equipment necessary for non-examinable subjects
	Teacher salaries	Supplement of salaries for teachers who are involved in communities where we work
Personal Development	Youth rehabilitation camps	Kwa Sisi (One to One) which are the highlight of the year for our beneficiaries
	Black Cats football coaching	Funding for matches, coaches and training equipment for our youth football teams around Kenya
	Mount Kenya expeditions	Funding for any expeditions to Mount Kenya for our beneficiaries as part of their overall development and rehabilitation
	Career development	Funding for work experience, career visits, courses and interns that we provide for personal and career development
	Volunteer training	Training in the UK for preparation of groups and volunteers going
Social Welfare	Ulamba Childrens Home & EC	Costs for the running of the childrens home in western Kenya, with 23 children and 7 staff
	Child care at Mama Fatuma	Donation towards the costs for certain children at the Mama Fatuma Home in Nairobi
	Embu Rescue Centre	Funding for the rescue centre in Embu that provides food and support to street children
	Home support services	Helping for home costs covering food and rent of the families of children we support in school
	Child Support Services	Any additional payments for children eg bags, fares, pocket money
	Community Infrastructure	Building of water tanks, wells and pipelines which are part of the improvement of community infrastructure and increased quality of
Health	Building clinics	Building and renovating of clinics or medical institutions
	Healthcare facilities	Providing facilities at medical institutions
	Home healthcare	Funding for medical support in the home, medicines etc of families we support through the children and home support services
Economic	Social Enterprise	that have a social benefit and stimulus for the community or environment.

5. Developing Operations

We have continued to support the work in Nepal and Kenya as before, maintaining our support for the key programmes in education and health. These are mainly the salaries for teachers and counsellors and staff who manage the programmes, and the medical camps we are running in both countries.

Capital projects only occur when a group indicates a desire to fund it. We no longer have the excess funds to provide additional building structures or renovations out of unrestricted funds.

This year we also embarked on a new project in Morocco, which is a couple of girls classrooms in the village of Ait Souka in the high Atlas mountains.

We continue to promote the personal development programme for groups wanting to come out to Kenya or Tanzania. This allows us to fund most of our activities plus it allows for unique and special experiences. For example trips to climb Kilimanjaro now offer the chance for Moving Mountains beneficiaries to attend the expedition, which is brilliant for the young people and also the clients.

6. Review of Charitable Activities

Moving Mountains in East Africa (Kenya & Tanzania)

In Kenya we continued our support of the Rescue Centre for Street Children in Embu and the feeding programme that is run from it, as well as the Black Cats sports and music programme in Embu. We also continued with our support and development of Ulamba Children's Home in Western Kenya, Primary, Secondary and College student support, and the development and renovation of selected schools in Western, Eastern and Central Kenya and in Tanzania.



Employment;

In Kenya Moving Mountains continued with its commitment to employ local staff in specific roles within the charity, including our Project coordinator (Kioni), Volunteer coordinator (Gilbert), Carer at Ulamba (Lilian), Caretaker at Ulamba (Odongo), Social Worker at Ulamba (Sharon), Embu Rescue Centre Cook / Carer (Lilian), Security and support staff for Ulamba, MM Administrator (Mungai – partly funded by AA), Counsellor (Serah Kinuthia), ECD teacher in Solio (Hannah Munyori) & Sports Coach in Embu (Sammy – Black Cats).

We also continue to employ the same group of former street children (Moving Mountains Community Action Team) on all our development projects across East Africa.

In Tanzania we employed an ECD teacher at Ng'aroni Primary in Tanzania from April 2018 so her first month's salary appears in these accounts.

Development Projects;

During June and July 2017, a couple of specific development projects were funded and developed by volunteers, students and Scouts from St Angela's College (Cork), the Newport area of South Wales and the Bere Regis Scout Group. This included the construction of a classroom at Barkawandu Primary School in Western Kenya and the construction of a Dormitory for kids with special needs (mainly deaf kids) at Kayieye Primary School in Western Kenya.



Bere Regis Scouts also helped to fund and renovate some minor work at Ulamba and Tigithi Primary / Secondary Schools and as with the Cork and Welsh teams helped to run separate camps for some of the kids who benefit directly from the work at these project sites. All the kids on the Bere Regis camp were provided with full Scout uniforms (more than 30 Extension Scouts in Western Kenya).



In **Tanzania** we built a classroom and kitchen (with Eco-Stove) at Ng'aroni Primary (June / July 2017), funded by volunteers from Leeds Rag and Round Square (Round Square Big Build).



During September 2017, 2 x classrooms were constructed at Gatwe Primary School, a rural Primary School on the lower slopes of Mt Kenya, outside Embu town. The fundraising for this project and the construction work was completed by 2 x teams of volunteers from Granaghan Outreach and Sarah's Hope and the work included fitting classrooms out with tables, chairs, cupboards, etc.



Ulamba Children's Home and Community Centre;

Ulamba Children's Home in Western Kenya continued with its support and care of 23 vulnerable children from the region under the management of the local staff of carers, security and cooks. The Early Child Development Centre also continued to run successfully on the grounds of Ulamba and a number of volunteers and medical students stayed in the guest rooms at Ulamba throughout the year.



Embu Street Children Rescue Centre;

The Embu Rescue Centre for Street Children continued to provide hot meals for over one hundred vulnerable children from the slum communities and local street children on a daily basis and the Black Cats sports and music clubs continued to thrive. Local social enterprises set up in previous years continued to provide a regular income for some of the older street children, many of whom have left their life on the streets and have moved in to homes in housing near the Rescue Centre.



Moving Mountains in Nepal

In Nepal we committed to continue funding the teachers' salaries in the Primary and Secondary schools in the rural villages of Bupsa and Bumburi in the lower Solukhumbu region of the Himalayas, salaries for the clinic workers who had previously been supported through their community healthcare courses in Kathmandu, school fees for the kids at Sapta Gandaki and the lama teacher at the Bupsa Monastery.

Medical Camp:

The annual rural Medical Camp continued to attract hundreds of villagers from all over the region with a team of local Doctors, Dentists and Nurses working closely with a team of medical students from Bristol University, treating a variety of illnesses and injuries during the 2-week camp in August 2017. The full report from the camp can be found at the following link;

Nepal Medical Camp -



https://issuu.com/movingmountains/docs/moving_mountains_medical_camp_report

Bumburi Health Centre;

The Bumburi Health Centre continued successfully for its 2nd full year since the official opening in April 2016 and a special patient saddle was delivered to the clinic by the team of students on the Medical Camp in August 2017. Our 'horse ambulance' will allow people with injuries and / or people who are too sick to walk in this rural part of the lower Solukhumbu (where there is no / limited road access) to have accessible transport to the bigger towns with hospitals and more resources.

Education:

Aside from the continued support of the teachers' salaries in Bumburi and Bupsa, Moving Mountains also provides annual funding for school supplies, materials and text books to ensure the children who attend the schools have access to the tools needed for a quality education and in July 2017 we started the employment of a Travel and Tourism teacher, our first step towards setting up a specific Travel and Tourism College which will bring added investment, people and resources to the region.

Community Development:

In October 2017 we funded the renovation of the kitchen at Bupsa Monastery.

Moving Mountains Personal Development (UK)

In the UK Moving Mountains worked with a number of individuals and groups with the personal development of participants on volunteering and international development trips, this included the Leeds Rag team who fundraised for their project in Tanzania by climbing Kilimanjaro and the Cork and Welsh teams who fundraised for their projects and camps in Kenya



Staff, volunteers, friends and former beneficiaries of Moving Mountains Kenya at a 'reunion weekend' with Moving Mountains founder, Gavin Bate, in November 2018.

7. Thank You

All of the trustees, staff and beneficiaries of Moving Mountains would like to extend a heartfelt thank you to all of our donors and supporters around the world. Your support and commitment have again ensured that we were able to continue to achieve our objectives as a charity, benefiting disadvantaged children, young people, families and communities and working towards long-term development outcomes and strategies.

We extend a special thank you to the following donors and groups who have been instrumental in supporting the charity and enabling us to achieve our objectives over 2018/19:

Cork Africamp Team 2018
Writhlington School
Purdue University
George Watsons School
Moving Mountains Ireland
University of Leeds RAG
Granaghan Outreach
Zara McKeague
Becoming X
Benevity Charitable Giving Fund
All of our Standing Order donors

Welsh Africamp Team 2018
John Ramplin Charitable Trust
St Patricks Church, Coleraine
Adventure Alternative
Round Square
Bere Regis Scouts
Stephan Allen Popen
Glastonbury Music Festival

Students at Bristol University