New classroom at Ng’aroni School, Tanzania, on the slopes of Kilimanjaro. We have gradually been building this school so it can now accept nearly 100 students and receive Government teachers.

Students on the tourism workshop in Bumburi studying the work of Moving Mountains in Nepal. We have successful created a busy social enterprise in the area now with students from many universities coming to visit and bringing more niche tourism to the solu Khumbu.
The Trustees of Moving Mountains Trust present their annual report for the year ended 5th April 2018, together with the accounts for the year and confirm that the latter comply with the requirements of the Charities Regulations 2008 for reporting. We also confirm that all the activities undertaken by the charity were to further its charitable purposes for the public benefit.

As ever, the integrity of our work remains uppermost and it is always with great pride that the charity remains true to its objectives. We continually try to attract new donors and volunteers as the backbone of our support.

Contents:

1. Chairman's welcome
2. Trust details
3. Purposes of the charity and governance
   - Vision
   - Charity Objectives
   - Governing Document
   - Grant making analysis
   - Reserve Policy
   - Going Concern
   - Risk management
   - Public Benefit
   - Disclosure of Information
   - Conflict of Interest
   - Statement of Trustees’ Responsibility
4. Financial Statements
   - Financial Review and summary of the year
   - Receipts and Payments
   - Balance sheet
   - Restricted donations to East Africa
   - Restricted donations to Nepal
   - Restricted donations to UK
   - Staff, governance and fundraising costs
   - Grant categories
5. Developing Operations
6. Review of Charitable Activities
   - Kenya
   - Nepal
   - Tanzania
   - UK
7. Thank You
1. From the Chairman - Gavin Bate

This year has been one of keeping the essential work of the charity shipshape and funding our partners in Nepal and East Africa with the continued essential programmes that each NGO is delivering. Our aim is to maintain our core commitments at this time and keep our promises to all the beneficiaries and people we employ who rely on our money and support.

Our core programmes of education, health, social welfare and personal development continue to run successfully, and we are very proud that such long term support has enabled some of our students in Kenya and Nepal to achieve high levels of education. During this economic slump we have ensured that we remain true to our core values in this respect. We have managed to maintain employment for many teachers, health care workers and social workers who improve the lives of many children and people in the communities where we work.

During the year we have been looking at new interventions which we plan to roll out in 2019, specifically in Kenya for the personal development of children in deprived circumstances. As the latest cohort of beneficiaries passes through university and college we aim to begin again with a new cohort of young children at pre-primary and primary level. We also want to expand our free medical camps to Kenya and, in particular, the community in Embu.

In Nepal we continue to support the teachers in the three schools in Bumburi, Bupsa and Khari Khola. Our aim as always is to provide long term support which provides consistency for many years for the children so they can develop in a safe and happy environment.

In Tanzania we are continuing the work on Ng’aroni School on the slopes of Kilimanjaro, and all the main new buildings have now been completed. The Government will now start to move children from other overcrowded schools to this one and allocate teachers.

Our personal development work has been very active, working with new charities like Becoming X and the Bristol Medical School to provide experiential volunteering activities and challenges which have included in many cases our beneficiaries in Kenya and Nepal. This dynamic has really helped to promote a high level of motivation and breaking down of stereotypes, as Kenyan children climb Kilimanjaro alongside business consultants from London!

Our core donor support is as valuable as ever and indeed really does enable us to plan ahead. We have continued to be fortunate with some new donors and organisations ready to help our cause, and for that we are extremely grateful. Thank you to everyone who continues to help Moving Mountains, on behalf of the many beneficiaries we are truly grateful for helping to give so many opportunities to so many people.

Gavin Bate, Chairman Moving Mountains, April 2018
2. Moving Mountains Trust

Official charity name: Moving Mountains Trust

Charity Number: NIC 100742. We are registered as a charity by the Northern Ireland Charity Commission

Charity classifications: the prevention or relief of poverty
the advancement of education
the advancement of health or the saving of lives
the advancement of citizenship or community development
the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.
personal development

Area of operation: Kenya and Nepal and Tanzania

Address and registered office: PO Box 14, Portstewart, Northern Ireland BT55 7WS
2a Church Street, Portstewart, Northern Ireland BT55 7AG

Board of Trustees
Chairman – Gavin Bate
Secretary – Chris Little
Treasurer – Andrew MacDonald
Trustee – Susan Birkett
Trustee – Dot King

New trustees are voted in following a proposal by any of the current Trustees which can be made at any time. We aim for a unanimous agreement before potential trustees are approached. No other individual or organisation can appoint trustees.

Governing Document: Trust Deed
The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.

Bankers: Ulster Bank, Coleraine, Northern Ireland.

Website: www.movingmountainstrust.org

Email: info@movingmountainstrust.org

Phone: (+44) (0)2870 835 124
3. Purpose of the charity

The aim of the Trust is to provide funding to NGOs in East Africa and Nepal which are called Moving Mountains Kenya and Moving Mountains Nepal, which carry out the remit of our charitable objectives and create lasting change in targeted areas and geographies, based on need, and on the interests of the Trustees and the local stakeholders.

The Trust partners with those organisations that share our objectives, values and methodologies and that fully represent the views and needs of local stakeholders.

We also engage in volunteering activities designed to promote global citizenship and teach progressive development education through practical interaction and experience under the strapline ‘personal development through international development’.

For many years we have been providing training and mentoring for volunteers and school groups, and those experiences have contributed considerably to career choices, self esteem and happiness, helping to develop grounded young people with a greater perspective of the world which we live in.

We concentrate on attracting donors and volunteer groups, and the delivery of our services in the UK to young people looking for opportunities to enhance their career opportunities

Vision

We believe that people who are educated and healthy and recognised as equal global citizens have greater opportunities. Our vision is that empowered equitable relationships will ultimately drive the evolution of development and help us move mountains for people to succeed and improve their quality of life.

Charity Objectives

(i) the provision of financial assistance, food, clothing and shelter to children and their families who are homeless or living in desperate conditions to help advance their education, relieve their poverty and promote their ambitions, hopes and dreams.

(ii) the provision of financial assistance, advice and expertise for self-help projects, schemes and rehabilitation camps for street children in order to promote practical and vocational skills, the production of food and income, good citizenship and standing in the local community, plus an increased sense of personal self-esteem and enjoyment of life.

(iii) the financial assistance and otherwise for setting up useful rural and urban community programmes which are environmentally responsible and which promote empowerment and sustainable development; this includes facilities and projects in the interests of education, social welfare, the improvement of existing conditions and the promotion of awareness to a wider audience.

(iv) the relief of sickness and the safeguarding of health by grants of money for:
   (a) the provision of drugs and medical appliances, and the support of medical and other personnel engaged in and for such purposes.
   (b) the provision and support of facilities in the interests of social welfare for the relief of sickness and distress.
   (c) the promotion of public education in all matters relating to HIV and AIDS.
   (d) the prevention of children's diseases through conditions brought about by severe poverty and lack of education.

(v) the development and joint maintenance of community groups in areas benefiting from all of the above whereby specific, measurable, achievable, relevant and time-bound objectives are evaluated, supervised, implemented and monitored so that the benefits can serve the community for years to come; this includes the provision of volunteers and personnel, shared management and implementation of projects, training, maintenance, advice and arbitration over problems or disputes plus assistance with accounts and records.
(vi) to advance the education of the public in global citizenship and youth development through expeditions in all areas of operation.

**Governing Document:**
Trust Deed. The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.

**Grant Making Analysis**
Decisions on grants to Kenya, Nepal and Tanzania are made by the Trustees. Trustees approve grants or fund projects which demonstrate public benefit within the remit of the Trust objectives and within the criteria of guidance taken from the Charity Commission. In addition the Trust actively looks for projects or programmes that show leverage through involvement and additional funding from local authorities and other organisations.

Overall the Trustees were pleased that the Trust was able to maintain grant-making in its core operations, cover overheads, maintain its underlying financial base and increase its donor base through improved communications.

**Reserve Policy**
The reserve policy is to provide sufficient capital to continue its grant-making programme and support future expenditure plans, and also to build up its unrestricted reserve to manage against unforeseen circumstances such as economic uncertainty. The Trustees this year adjusted the figure of unrestricted reserves to be maintained at a minimum of £20,000, which represents under 10% of annual spend, and this policy is reviewed annually.

**Going Concern**
The Trusts financial position and performance has been outlined in the financial review. The Trustees have assessed projected future income, expenditure and cash flows and have analysed the strength of the Trust's reserves, its liquid assets and its ability to withstand a material fall in incoming resources. Consideration has been given to stability and diversity of various income streams in making this assessment.

The Trustees have concluded that there is a reasonable expectation that the Trust has adequate resources to continue activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

**Risk Management**
The Trustees are satisfied that the major risks identified in the main areas - financial, governance, operational, compliance and external – have been mitigated through proper and comprehensive planning and operational decision-making, management systems, insurance cover, specialist advice and holding appropriate levels of funds for residual reserves. The risk management assessment is monitored regularly by the staff and by the Trustees. The Trustees have also considered any potential conflicts of interest and the implications of the Bribery Act 2010.

**Public Benefit**
The Trustees confirm that they have referred to the guidance contained in the Charity Commission's guidance on public benefit when reviewing the charity’s aims and objectives and setting grant making policies. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. There will be no restrictions on future grant making through poverty, location or lack of entitlement.

**Disclosure of Information**
The Trustees who held office at the date of approval of this Trustees' report confirm that they have taken all the steps that they ought to have taken as a Trustee to make themselves aware of any relevant financial information and to establish that the relevant authorities are aware of that information.

**Conflict of Interest**
The trustees confirm that there is no conflict of interest with the tour operator Adventure Alternative that supplies all the travel arrangements for groups or volunteers going to work on Moving Mountains projects, irrespective of the fact that three of the Trustees are employed by the travel company.
The charity has a clear agreement with the company to provide the trip logistics because the company is a registered tour operator with the correct bonding and insurance in place to comply with the UK Package Travel Regulations and the EU Travel Directive. The company provides services at a reduced cost for the charity.

Additionally, Adventure Alternative supplies overheads and resources and staffing free of charge for the charity, in particular employee time from Christopher Little, Andrew MacDonald and Gavin Bate. This amounts to a figure in the region of £50,000 per annum as a donation in kind. The trustees do not make any personal financial gain from the charity.

**Statement of Trustees' Responsibilities**

The Trustees are responsible for preparing the Trustees’ report and the financial statements in accordance with applicable law and regulations. In preparing the financial statements the Trustees are required to select suitable accounting policies and apply them consistently, observe the methods and principles in the charities SORP (Statement of Recommended Practice), make judgements and estimates that are reasonable and prudent, and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity’s transactions and disclose with reasonable accuracy at any time the financial position of the Trust. They are also responsible for safeguarding the assets of the Trust and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the financial information included on the charity’s website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.
4. Financial Statements

Financial Review and Results
During the year the Trust raised £212,091.00, an increase of 14% from the previous year.

Total expenditure for the year was £181,922.00, an increase of 3.5% from the previous year.

The core costs of the Trust were covered by donations in kind from Adventure Alternative once again, enabling us to devote 96% of our funds to charitable purposes, 2% to administrative staffing and general overheads like insurance and banking charges and 2% and to promotional fundraising activities including staffing of events.

Out of the total funding of £175,671.00 given to charitable causes during the year the breakdown of expenditures across the different countries and remits was as follows: 59% to Kenya, 19% to Nepal, and 22% to personal development. Cash funds at the end of year were £80,282, an increase of 60% from the previous year.

Our main funding continues to come from volunteers and visiting groups promoted through Adventure Alternative, plus a number of dedicated monthly standing orders and annual support from organisations such as Granaghan Outreach and Bristol Medical School.

The Trustees have continued to focus on creating sustainable income streams and three primary objectives for income generation:

- to ensure core costs remain covered by corporate in-kind donations through Adventure Alternative;
- to demonstrate long-term relationships with supporters based on effective stewardship and evidence of the impact of its programmes;
- to develop the volunteering programme while at the same time promoting a high degree of integrity and social responsibility towards the expectations of volunteers and local host communities.

Furthermore, the Trustees continue to ensure expenditure and grants are monitored regularly and are in line with approved budgetary controls, with use of cloud services for live sharing of information and VoIP technology to provide free communication.

We are unusual in that three of the trustees maintain a daily contact with the regional offices and work voluntarily to help with the running of the charity. Their input has been consistent now for well over a decade and it is their knowledge and analysis which has enabled the charity to work efficiently and flexibly.

Approved by the Board of Trustees and signed on its behalf by,

Gavin Bate – Chairman
## Receipts and Payments

**Moving Mountains Trust**  
Registered Charity No. XR 62512 (Northern Ireland Charity Commission NIC100742)

Receipts and payments accounts  
For the period from April 6, 2017 to April 5, 2018

### Section A Receipts and payments

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total funds 2017/18</th>
<th>Total funds 2016/17</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td><strong>Receipts</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voluntary income</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- unrestricted donations</td>
<td>125,293</td>
<td>-</td>
<td>125,293</td>
<td>155,095</td>
</tr>
<tr>
<td>- unrestricted Gift Aid</td>
<td>15,998</td>
<td>-</td>
<td>15,998</td>
<td>8,779</td>
</tr>
<tr>
<td>- restricted donations - East Africa</td>
<td>-</td>
<td>24,172</td>
<td>24,172</td>
<td>14,639</td>
</tr>
<tr>
<td>- restricted donations - Nepal</td>
<td>-</td>
<td>8,568</td>
<td>8,568</td>
<td>6,973</td>
</tr>
<tr>
<td>- restricted donations - Borneo</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>25</td>
</tr>
<tr>
<td>- restricted donations - UK</td>
<td>-</td>
<td>38,061</td>
<td>38,061</td>
<td>-</td>
</tr>
<tr>
<td>Other incoming resources:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bank interest</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total receipts</strong></td>
<td>141,291</td>
<td>70,801</td>
<td>212,092</td>
<td>185,511</td>
</tr>
</tbody>
</table>

| Costs of generating funds: |                   |                  |                     |                     |
| Promotional activities (includes website, etc) | 2,164 | - | 2,164 | 502 |
| Staff costs | - | - | - | 5,928 |
| **Charitable activities:** |                   |                  |                     |                     |
| Donations to Moving Mountains East Africa | 77,770 | 26,283 | 104,053 | 94,479 |
| Donations to Moving Mountains Nepal | 19,836 | 13,721 | 33,557 | 41,465 |
| Donations to Koperasi Cooperative, Borneo | - | - | - | - |
| Personal Development & training | - | 38,061 | 38,061 | 24,765 |
| Governance: |                   |                  |                     |                     |
| Staff costs - Accountant | 250 | - | 250 | - |
| **Other resources expended:** |                   |                  |                     |                     |
| Staff costs | - | - | - | 5,928 |
| Bank charges | 257 | - | 257 | 299 |
| Just Giving charges | 216 | - | 216 | 215 |
| Insurance | 1,932 | - | 1,932 | 1,899 |
| Miscellaneous expenditure | 1,433 | - | 1,433 | 350 |
| **Total payments** | 103,857 | 78,065 | 181,922 | 175,830 |

| **Total receipts less total payments** | 37,434 | (7,264) | 30,170 | 9,681 |

| Cash funds last year end | 40,586 | 9,526 | 50,112 |
| **Cash funds this year end** | 78,020 | 2,262 | 80,282 | 50,112 |
## Balance Sheet

### Section B Statement of assets and liabilities at the end of the period

<table>
<thead>
<tr>
<th>Categories</th>
<th>Details</th>
<th>Unrestricted funds £</th>
<th>Restricted funds £</th>
<th>Total funds £</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash funds</td>
<td>Cash at bank</td>
<td>78,020</td>
<td>2,262</td>
<td>80,282</td>
</tr>
</tbody>
</table>

**Total cash funds**

**Signed on behalf of the trustees**

<table>
<thead>
<tr>
<th>Print Name</th>
<th>Signature</th>
<th>Date of approval</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gavin Bate</td>
<td></td>
<td>21-12-18</td>
</tr>
<tr>
<td>Andrew MacDonald</td>
<td></td>
<td>21-12-18</td>
</tr>
</tbody>
</table>

### Restricted Donations to East Africa

**Note 1 Restricted funds - East Africa:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Restricted fund</th>
<th>Donor</th>
<th>Brought forward 60% of Receipts *</th>
<th>Payments 2017/18</th>
<th>Carried forward to 2018/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Welfare</td>
<td>Ulamba Children's Home &amp; ECD</td>
<td>Ben Clark Foundation</td>
<td>-</td>
<td>4,672 **</td>
<td>-</td>
</tr>
<tr>
<td>Education</td>
<td>School Classrooms Gatwe Primary</td>
<td>Sarah's Hope</td>
<td>2,111</td>
<td>-</td>
<td>2,111</td>
</tr>
<tr>
<td>Education</td>
<td>School Classrooms N'Saruni Secondary</td>
<td>Granaghan Outreach</td>
<td>-</td>
<td>9,000 **</td>
<td>-</td>
</tr>
<tr>
<td>Education</td>
<td>School Facilities N'garoni Primary</td>
<td>Round Square</td>
<td>-</td>
<td>10,500 **</td>
<td>-</td>
</tr>
</tbody>
</table>

**Note:**

* In normal circumstances restricted donations for East African projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of such donations.

**Except for donations made to Earthquake Appeal where 100% of donations were sent to MMNepal**

### Restricted Funds to Nepal

**Note 2 Restricted funds - Nepal:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Restricted fund</th>
<th>Donor</th>
<th>Brought forward from 2016/17</th>
<th>60% of Receipts *</th>
<th>Payments 2017/18</th>
<th>Carried forward to 2018/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health</td>
<td>Healthcare facilities</td>
<td>Nepal Med Camp 2017 clients</td>
<td>2,229</td>
<td>8,568</td>
<td>10,797</td>
<td>-</td>
</tr>
<tr>
<td>Education</td>
<td>College Development</td>
<td>Swiss College Businesses</td>
<td>5,161</td>
<td>-</td>
<td>2,924</td>
<td>2,237</td>
</tr>
</tbody>
</table>

**Note:**

* In normal circumstances restricted donations for Nepalese projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of such donations.

**Except for donations made to Earthquake Appeal where 100% of donations were sent to MMNepal**
## Restricted Funds in the UK

**Note 4** Restricted funds - UK:

<table>
<thead>
<tr>
<th>Category</th>
<th>Restricted fund</th>
<th>Donor</th>
<th>Brought forward from 2016/17</th>
<th>100% of Receipts 2017/18</th>
<th>Payments 2017/18</th>
<th>Carried forward to 2018/19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Development</td>
<td>Camp and Kilimanjaro climb</td>
<td>Leeds Rag 2017</td>
<td>-</td>
<td>10,760</td>
<td>10,760</td>
<td>-</td>
</tr>
<tr>
<td>Personal Development</td>
<td>Camp and Mt Kenya climb</td>
<td>Cork Africamp 2017</td>
<td>-</td>
<td>15,895</td>
<td>15,895</td>
<td>-</td>
</tr>
<tr>
<td>Personal Development</td>
<td>Camp and Mt Longonot climb</td>
<td>Welsh Africamp 2017</td>
<td>-</td>
<td>9,626</td>
<td>9,626</td>
<td>-</td>
</tr>
<tr>
<td>Personal Development</td>
<td>Bristol Med Camp 2017</td>
<td>Anna Ogier</td>
<td>-</td>
<td>1,080</td>
<td>1,080</td>
<td>-</td>
</tr>
<tr>
<td>Personal Development</td>
<td>Bristol Med Camp 2017</td>
<td>Lucy Hodge</td>
<td>-</td>
<td>700</td>
<td>700</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>-</td>
<td>38,061</td>
<td>-</td>
</tr>
</tbody>
</table>

## Staff costs, Volunteers, Contribution in Kind and Fundraising Expenditure

**Note 5** Staff costs:

<table>
<thead>
<tr>
<th></th>
<th>Fundraising</th>
<th>Administration</th>
<th>Training</th>
<th>TOTAL 2017/18</th>
<th>TOTAL 2016/17</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>22,682</td>
</tr>
<tr>
<td>Employer’s social security costs</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>1,029</td>
</tr>
<tr>
<td>Total Staff Costs</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>23,711</td>
</tr>
</tbody>
</table>

Time spent |
25% 25% 50% 100%

The trustees do not receive any remuneration for their services, and were not reimbursed for any expenses incurred during the year.
## Categories for Expenditure

<table>
<thead>
<tr>
<th>Main Category</th>
<th>Second Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Education &amp; Vocation</td>
<td>Primary School Fees</td>
<td>Payment for primary school fees for children aged 7 - 14 years</td>
</tr>
<tr>
<td></td>
<td>Secondary School fees</td>
<td>Payment for secondary school fees for children aged 14 - 18 years including additional costs</td>
</tr>
<tr>
<td></td>
<td>College fees</td>
<td>Support for college courses, university fees or vocational training</td>
</tr>
<tr>
<td></td>
<td>School classrooms</td>
<td>Capital funding for any new classrooms or rehabilitation of structures, in collaboration with authorities and local committees</td>
</tr>
<tr>
<td></td>
<td>School facilities</td>
<td>Funding for libraries, toilets, water tanks and facilities specific to the educational institution which may or may not also be income</td>
</tr>
<tr>
<td></td>
<td>Teaching resources</td>
<td>Purchase of instruments, books, arts, sports kits and any other equipment necessary for non-examinable subjects</td>
</tr>
<tr>
<td></td>
<td>Teacher salaries</td>
<td>Supplement of salaries for teachers who are involved in communities where we work</td>
</tr>
<tr>
<td>Personal Development</td>
<td>Youth rehabilitation camps</td>
<td>Kwa Sisi (One to One) which are the highlight of the year for our beneficiaries</td>
</tr>
<tr>
<td></td>
<td>Black Cats football coaching</td>
<td>Funding for matches, coaches and training equipment for our youth football teams around Kenya</td>
</tr>
<tr>
<td></td>
<td>Mount Kenya expeditions</td>
<td>Funding for any expeditions to Mount Kenya for our beneficiaries as part of their overall development and rehabilitation</td>
</tr>
<tr>
<td></td>
<td>Career development</td>
<td>Funding for work experience, career visits, courses and interns that we provide for personal and career development</td>
</tr>
<tr>
<td></td>
<td>Volunteer training</td>
<td>Training in the UK for preparation of groups and volunteers going</td>
</tr>
<tr>
<td>Social Welfare</td>
<td>Ulamba Childrens Home &amp; ECD</td>
<td>Costs for the running of the childrens home in western Kenya, with 23 children and 7 staff</td>
</tr>
<tr>
<td></td>
<td>Child care at Mama Fatuma</td>
<td>Donation towards the costs for certain children at the Mama Fatuma Home in Nairobi</td>
</tr>
<tr>
<td></td>
<td>Embu Rescue Centre</td>
<td>Funding for the rescue centre in Embu that provides food and support to street children</td>
</tr>
<tr>
<td></td>
<td>Home support services</td>
<td>Helping for home costs covering food and rent of the families of children we support in school</td>
</tr>
<tr>
<td></td>
<td>Child Support Services</td>
<td>Any additional payments for children eg bags, fares, pocket money</td>
</tr>
<tr>
<td></td>
<td>Community Infrastructure</td>
<td>Building of water tanks, wells and pipelines which are part of the improvement of community infrastructure and increased quality of</td>
</tr>
<tr>
<td>Health</td>
<td>Building clinics</td>
<td>Building and renovating of clinics or medical institutions</td>
</tr>
<tr>
<td></td>
<td>Healthcare facilities</td>
<td>Providing facilities at medical institutions</td>
</tr>
<tr>
<td></td>
<td>Home healthcare</td>
<td>Funding for medical support in the home, medicines etc of families we support through the children and home support services</td>
</tr>
<tr>
<td>Economic</td>
<td>Social Enterprise</td>
<td>that have a social benefit and stimulus for the community or environment.</td>
</tr>
</tbody>
</table>

**Adventure Alternative - donation in kind:**

Donations in kind included office space, telephone, stationery, postage and travel expenses as well as 25% of the time of three full-time members of staff in the Adventure Alternative UK office, amounting to an estimated total of £50,000 per annum.
5. Developing Operations

Additionally the trustees have embarked on establishing a new website which will better serve our needs and in particular enable users to make online donations more easily and join up with volunteering and charity trips.

Fundamentally the trustees agreed to cut down expenses in its core areas of Kenya and Nepal because of continued difficulty with getting funding or fundraising. We decided that we no longer had the long term capacity to fund so many of our programmes through our unrestricted donations, such as teachers salaries and childrens school fees, and that we would in the future have to concentrate on those programmes and projects which are related to specific groups and volunteers.

6. Review of Charitable Activities

Moving Mountains in East Africa (Kenya & Tanzania)

In Kenya we continued our support of the Rescue Centre for Street Children in Embu and the feeding programme that is run from it, as well as the Black Cats sports and music programme in Embu. We also continued with our support and development of Ulamba Children’s Home in Western Kenya, Primary, Secondary and College student support, and the development and renovation of selected schools in Western, Eastern and Central Kenya and in Tanzania.

Employment;
In Kenya Moving Mountains continued with its commitment to employ local staff in specific roles within the charity, including our Project coordinator (Kioni), Volunteer coordinator (Gilbert), Carer at Ulamba (Lilian), Caretaker at Ulamba (Odongo), Social Worker at Ulamba (Sharon), Embu Rescue Centre Cook / Carer (Lilian), Security and support staff for Ulamba, MM Administrator (Mungai – partly funded by AA), Counsellor (Serah Kinuthia), ECD teacher in Solio (Hannah Munyori) & Sports Coach in Embu (Sammy – Black Cats). We also continue to employ the same group of former street children (Moving Mountains Community Action Team) on all our development projects across East Africa.

In Tanzania we employed an ECD teacher at Ng’aroni Primary in Tanzania from April 2018 so her first month’s salary appears in these accounts.
**Development Projects;**
During June and July 2017, a couple of specific development projects were funded and developed by volunteers, students and Scouts from St Angela’s College (Cork), the Newport area of South Wales and the Bere Regis Scout Group. This included the construction of a classroom at Barkawandu Primary School in Western Kenya and the construction of a Dormitory for kids with special needs (mainly deaf kids) at Kayieye Primary School in Western Kenya.

Bere Regis Scout also helped to fund and renovate some minor work at Ulamba and Tigithi Primary / Secondary Schools and as with the Cork and Welsh teams helped to run separate camps for some of the kids who benefit directly from the work at these project sites. All the kids on the Bere Regis camp were provided with full Scout uniforms (more than 30 Extension Scouts in Western Kenya).
In Tanzania we built a classroom and kitchen (with Eco-Stove) at Ng’aroni Primary (June / July 2017), funded by volunteers from Leeds Rag and Round Square (Round Square Big Build).

During September 2017, 2 x classrooms were constructed at Gatwe Primary School, a rural Primary School on the lower slopes of Mt Kenya, outside Embu town. The fundraising for this project and the construction work was completed by 2 x teams of volunteers from Granaghan Outreach and Sarah’s Hope and the work included fitting classrooms out with tables, chairs, cupboards, etc.
Ulamba Children’s Home and Community Centre;
Ulamba Children’s Home in Western Kenya continued with its support and care of 23 vulnerable children from the region under the management of the local staff of carers, security and cooks. The Early Child Development Centre also continued to run successfully on the grounds of Ulamba and a number of volunteers and medical students stayed in the guest rooms at Ulamba throughout the year.

Embú Street Children Rescue Centre;
The Embú Rescue Centre for Street Children continued to provide hot meals for over one hundred vulnerable children from the slum communities and local street children on a daily basis and the Black Cats sports and music clubs continued to thrive. Local social enterprises set up in previous years continued to provide a regular income for some of the older street children, many of whom have left their life on the streets and have moved in to homes in housing near the Rescue Centre.
Moving Mountains in Nepal

In Nepal we committed to continue funding the teachers’ salaries in the Primary and Secondary schools in the rural villages of Bupsa and Bumburi in the lower Solukhumbu region of the Himalayas, salaries for the clinic workers who had previously been supported through their community healthcare courses in Kathmandu, school fees for the kids at Sapta Gandaki and the lama teacher at the Bupsa Monastery.

Medical Camp:
The annual rural Medical Camp continued to attract hundreds of villagers from all over the region with a team of local Doctors, Dentists and Nurses working closely with a team of medical students from Bristol University, treating a variety of illnesses and injuries during the 2-week camp in August 2017. The full report from the camp can be found at the following link;

Nepal Medical Camp - [https://issuu.com/movingmountains/docs/moving_mountains_medical_camp_rep](https://issuu.com/movingmountains/docs/moving_mountains_medical_camp_rep)

Bumburi Health Centre:
The Bumburi Health Centre continued successfully for it’s 2nd full year since the official opening in April 2016 and a special patient saddle was delivered to the clinic by the team of students on the Medical Camp in August 2017. Our ‘horse ambulance’ will allow people with injuries and / or people who are too sick to walk in this rural part of the lower Solukhumbu (where there is no / limited road access) to have accessible transport to the bigger towns with hospitals and more resources.
**Education:**
Aside from the continued support of the teachers’ salaries in Bumburi and Bupsa, Moving Mountains also provides annual funding for school supplies, materials and text books to ensure the children who attend the schools have access to the tools needed for a quality education and in July 2017 we started the employment of a Travel and Tourism teacher, our first step towards setting up a specific Travel and Tourism College which will bring added investment, people and resources to the region.

**Community Development:**
In October 2017 we funded the renovation of the kitchen at Bupsa Monastery.

**Moving Mountains Personal Development (UK)**
In the UK Moving Mountains worked with a number of individuals and groups with the personal development of participants on volunteering and international development trips, this included the Leeds Rag team who fundraised for their project in Tanzania by climbing Kilimanjaro and the Cork and Welsh teams who fundraised for their projects and camps in Kenya.
7. Thank You

All of the trustees, staff and beneficiaries of Moving Mountains would like to extend a heartfelt thank you to all of our donors and supporters around the world. Your support and commitment have again ensured that we were able to continue to achieve our objectives as a charity, benefiting disadvantaged children, young people, families and communities and working towards long-term development outcomes and strategies.

We extend a special thank you to the following donors and groups who have been instrumental in supporting the charity and enabling us to achieve our objectives over 2017/18:

Cork Africamp Team 2017
Writhlington School
Purdue University
George Watsons School
Moving Mountains Ireland
University of Leeds RAG
Granaghan Outreach
Zara McKeague
Ben Clark Foundation
Benevity Charitable Giving Fund
All of our Standing Order donors

Welsh Africamp Team 2017
John Ramplin Charitable Trust
St Patricks Church, Coleraine
Adventure Alternative
Round Square
Bere Regis Scouts
Stephan Allen Popen
Glastonbury Music Festival
Becoming X
Students at Bristol University

We leave the final image of this year’s Annual Report to a great friend and colleague who sadly passed away in June 2017 with his family and friends around him at the Aga Khan Hospital in Kisumu. Jackton Otieno was loved by everyone that he came in to contact with, more affectionately known as OT, he left behind a young family that Moving Mountains has committed to supporting through their education. He may no longer be with us, but he’ll never be forgotten. Sleep easy OT.