

**Welcome to the Moving Mountains Trustees Report**  
**April 6 2016 – April 5 2017**



The Trustees of Moving Mountains Trust present their annual report for the year ended 5<sup>th</sup> April 2017, together with the accounts for the year and confirm that the latter comply with the requirements of the Charities Regulations 2008 for reporting. We also confirm that all the activities undertaken by the charity were to further its charitable purposes for the public benefit.

As ever, the integrity of our work remains uppermost and it is always with great pride that the charity remains true to its objectives. We continually try to attract new donors and volunteers as the backbone of our support.

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# 1. From the Chairman - Gavin Bate

This year has been one of keeping the essential work of the charity shipshape and funding our partners in Nepal and east Africa with the continued essential programmes that each NGO is delivering.

We have also been busy making decisions on our UK training programme which we felt needed improving. There has been an intense period of promotion which has resulted in us working with a number of new school partners, and this will certainly help the work of the Trust into 2018.

Some of our projects have come to fruition and are now active, such as the medical clinic in Nepal. We now embark on a year long period of probation while the facility settles into community life, and we can work with the local medical committee to improve things. This clinic has been a long time coming and we are very proud of the positive impact it will make on the health of the region.

On the trustee front we said goodbye to Douglas Hull who embarks on a year long cycling journey round south America. His input has been invaluable, and we are very grateful for his time and enthusiasm throughout. Doug helped with setting up our management accounts and did a lot of research into the process of becoming a CIO and also running a personal development training programme for our school partners in the UK. Having begun as an intern while at University, Doug became a Trustee for a few years and really brought a lot to the charity, and we wish him well in his future travels.

Similarly, we also accepted a resignation from Katie Brown who had been a Trustee since the charity began back in 2001. Katie was more of a silent Trustee for many years, but still her presence on the panel brought a sense of long term stability to the charity. Her own life has moved on and living in Germany it was difficult to maintain a close contact. We wish her all best wishes with her own plans in the future and we are grateful to her for all her years of support.

We decided to end the employment of Rachael Reynolds who worked for the charity delivering a training programme to some of the school groups going abroad with the charity, and also assisted with some of the Trust management and aspects of social media and promotion. Her role is taken over by the Trustees who have engaged in a campaign of awareness and partnering which has been very successful. We wish Rachael all best wishes for the future.

Our core programmes of education, health, social welfare and personal development continue to run successfully and we are very proud that such long term support has enabled some of our students in Kenya and Nepal to achieve high levels of education. During this economic slump we have ensured that we remain true to our core values in this respect. We have managed to maintain employment for many teachers, health care workers and social workers who improve the lives of many children and people in the communities where we work.

Our core donor support is as valuable as ever and indeed really does enable us to plan ahead. We have continued to be fortunate with some new donors and organisations ready to help our cause, and for that we are extremely grateful. Thank you to everyone who continues to help Moving Mountains, on behalf of the many beneficiaries we are truly grateful for helping to give so many opportunities to so many people.



Gavin Bate, Chairman Moving Mountains, April 2017

## 2. Moving Mountains Trust

<b>Official charity name</b>	Moving Mountains Trust
<b>Charity Number:</b>	<a href="#">NIC 100742</a> . We are registered as a charity by the Northern Ireland Charity Commission
<b>Charity classifications:</b>	the prevention or relief of poverty the advancement of education the advancement of health or the saving of lives the advancement of citizenship or community development the relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage.
<b>Area of operation:</b>	Kenya and Nepal and Tanzania
<b>Address and registered office:</b>	PO Box 14, Portstewart, Northern Ireland BT55 7WS 2a Church Street, Portstewart, Northern Ireland BT55 7AG
<b>Board of Trustees</b>	
Chairman	– Gavin Bate
Secretary	– Chris Little
Treasurer	– Andrew MacDonald
Trustee	– Susan Birkett
Trustee	– Dot King
	<p>New trustees are voted in following a proposal by any of the current Trustees which can be made at any time. We aim for a unanimous agreement before potential trustees are approached. No other individual or organisation can appoint trustees.</p>
<b>Governing Document:</b>	Trust Deed The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.
<b>Bankers:</b>	Ulster Bank, Coleraine, Northern Ireland.
<b>Website:</b>	<a href="http://www.movingmountainstrust.org">www.movingmountainstrust.org</a>
<b>Email:</b>	<a href="mailto:info@movingmountainstrust.org">info@movingmountainstrust.org</a>
<b>Phone:</b>	(+44) (0)2870 835 124

## 3. Purpose of the charity

The aim of the Trust is to provide funding to NGOs in East Africa and Nepal which are called Moving Mountains Kenya and Moving Mountains Nepal, which carry out the remit of our charitable objectives and create lasting change in targeted areas and geographies, based on need, and on the interests of the Trustees and the local stakeholders.

The Trust partners with those organisations that share our objectives, values and methodologies and that fully represent the views and needs of local stakeholders.

We also engage in volunteering activities designed to promote global citizenship and teach progressive development education through practical interaction and experience under the strapline 'personal development through international development'.

For many years we have been providing training and mentoring for volunteers and school groups, and those experiences have contributed considerably to career choices, self esteem and happiness, helping to develop grounded young people with a greater perspective of the world which we live in.

We concentrate on attracting donors and volunteer groups, and the delivery of our services in the UK to young people looking for opportunities to enhance their career opportunities

### Vision

We believe that people who are educated and healthy and recognised as equal global citizens have greater opportunities. Our vision is that empowered equitable relationships will ultimately drive the evolution of development and help us move mountains for people to succeed and improve their quality of life.

### Charity Objectives

(i) the provision of financial assistance, food, clothing and shelter to children and their families who are homeless or living in desperate conditions to help advance their education, relieve their poverty and promote their ambitions, hopes and dreams.

(ii) the provision of financial assistance, advice and expertise for self-help projects, schemes and rehabilitation camps for street children in order to promote practical and vocational skills, the production of food and income, good citizenship and standing in the local community, plus an increased sense of personal self-esteem and enjoyment of life.

(iii) the financial assistance and otherwise for setting up useful rural and urban community programmes which are environmentally responsible and which promote empowerment and sustainable development; this includes facilities and projects in the interests of education, social welfare, the improvement of existing conditions and the promotion of awareness to a wider audience.

(iv) the relief of sickness and the safeguarding of health by grants of money for:

- (a) the provision of drugs and medical appliances, and the support of medical and other personnel engaged in and for such purposes.
- (b) the provision and support of facilities in the interests of social welfare for the relief of sickness and distress.
- (c) the promotion of public education in all matters relating to HIV and AIDS.
- (d) the prevention of children's diseases through conditions brought about by severe poverty and lack of education.

(v) the development and joint maintenance of community groups in areas benefiting from all of the above whereby specific, measurable, achievable, relevant and time-bound objectives are evaluated, supervised, implemented and monitored so that the benefits can serve the community for years to come; this includes the provision of volunteers and personnel, shared management and implementation of projects, training, maintenance, advice and arbitration over problems or disputes plus assistance with accounts and records.

(vi) to advance the education of the public in global citizenship and youth development through expeditions in all areas of operation.

### **Governing Document:**

Trust Deed. The Trust was formed on 13 March 2002 as a charity and is governed by its Trust Deed signed on 1st January 2002 and further amended on 11 May 2003 and 1 November 2005. The registration with the Charity Commission for Northern Ireland happened on 12 February 2015.

### **Grant Making Analysis**

Decisions on grants to Kenya, Nepal and Tanzania are made by the Trustees. Trustees approve grants or fund projects which demonstrate public benefit within the remit of the Trust objectives and within the criteria of guidance taken from the Charity Commission. In addition, the Trust actively looks for projects or programmes that show leverage through involvement and additional funding from local authorities and other organisations.

Overall the Trustees were pleased that the Trust was able to maintain grant-making in its core operations, cover overheads, maintain its underlying financial base and increase its donor base through improved communications.

### **Reserve Policy**

The reserve policy is to provide sufficient capital to continue its grant-making programme and support future expenditure plans, and also to build up its unrestricted reserve to manage against unforeseen circumstances such as economic uncertainty. The Trustees this year adjusted the figure of unrestricted reserves to be maintained at a minimum of £20,000, which represents just under 10% of annual spend, and this policy is reviewed annually.

### **Going Concern**

The Trusts financial position and performance has been outlined in the financial review. The Trustees have assessed projected future income, expenditure and cash flows and have analysed the strength of the Trust's reserves, its liquid assets and its ability to withstand a material fall in incoming resources. Consideration has been given to stability and diversity of various income streams in making this assessment.

The Trustees have concluded that there is a reasonable expectation that the Trust has adequate resources to continue activities for the foreseeable future. Accordingly, they continue to adopt the going concern basis in preparing the financial statements.

### **Risk Management**

The Trustees are satisfied that the major risks identified in the main areas - financial, governance, operational, compliance and external – have been mitigated through proper and comprehensive planning and operational decision-making, management systems, insurance cover, specialist advice and holding appropriate levels of funds for residual reserves. The risk management assessment is monitored regularly by the staff and by the Trustees. The Trustees have also considered any potential conflicts of interest and the implications of the Bribery Act 2010.

### **Public Benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and setting grant making policies. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. There will be no restrictions on future grant making through poverty, location or lack of entitlement.

### **Disclosure of Information**

The Trustees who held office at the date of approval of this Trustees' report confirm that they have taken all the steps that they ought to have taken as a Trustee to make themselves aware of any relevant financial information and to establish that the relevant authorities are aware of that information.

## **Conflict of Interest**

The trustees confirm that there is no conflict of interest with the tour operator Adventure Alternative that supplies all the travel arrangements for groups or volunteers going to work on Moving Mountains projects, irrespective of the fact that three of the Trustees are employed by the travel company.

The charity has a clear agreement with the company to provide the trip logistics because the company is a registered tour operator with the correct bonding and insurance in place to comply with the UK Package Travel Regulations and the EU Travel Directive. The company provides services at a reduced cost for the charity.

Additionally Adventure Alternative supplies overheads and resources and staffing free of charge for the charity, in particular employee time from Christopher Little, Andrew MacDonald and Gavin Bate. This amounts to a figure in the region of £50,000 per annum as a donation in kind. The trustees do not make any personal financial gain from the charity.

## **Statement of Trustees' Responsibilities**

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and regulations. In preparing the financial statements the Trustees are required to select suitable accounting policies and apply them consistently, observe the methods and principles in the charities SORP (Statement of Recommended Practice), make judgements and estimates that are reasonable and prudent, and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions, and disclose with reasonable accuracy at any time the financial position of the Trust. They are also responsible for safeguarding the assets of the Trust and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the financial information included on the charity's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## 4. Financial Statements

### Financial Review and Results

During the year the Trust **raised £185,511.00**, a decrease of 19% from the previous year.

Total **expenditure for the year was £175,830.00**, a decrease of 19% from the previous year. This reflected the trustees continued drive to make cuts to some programmes in light of increased difficulties with fundraising and a decrease in the cash funds at the end of the year.

The core costs of the Trust were covered by donations in kind from Adventure Alternative once again, enabling us to devote **91% of our funds to charitable purposes**, 5% to administrative staffing and general overheads like insurance and banking charges and 4% and to promotional fundraising activities including staffing of events.

Out of the total funding of **£160,709.00 given to charitable causes** during the year the breakdown of expenditures across the different countries and remits was as follows: **59% to Kenya, 26% to Nepal, and 15% to personal development**. Cash funds at the end of year were £50,112, an increase of 19% from the previous year.

Our main funding continues to come from volunteers and visiting groups promoted through Adventure Alternative, plus a number of dedicated monthly standing orders and annual support from organisations such as the Ben Clark Foundation in Northern Ireland, Glastonbury Festival and Sarah's Hope in Canada. This year Leeds RAG continued as a partner with their personal challenges and we are now in our eighth year with Bristol University who continue to support the medical camps in Nepal.

The Trustees have continued to focus on creating sustainable income streams and three primary objectives for income generation:

- to ensure core costs remain covered by corporate in-kind donations through Adventure Alternative;
- to demonstrate long-term relationships with supporters based on effective stewardship and evidence of the impact of its programmes;
- to develop the volunteering programme while at the same time promoting a high degree of integrity and social responsibility towards the expectations of volunteers and local host communities.

Furthermore the Trustees continue to ensure expenditure and grants are monitored regularly and are in line with approved budgetary controls, with use of cloud services for live sharing of information and VoIP technology to provide free communication.

We are unusual in that three of the trustees maintain a daily contact with the regional offices and work voluntarily to help with the running of the charity. Their input has been consistent now for well over a decade and it is their knowledge and analysis which has enabled the charity to work efficiently and flexibly.

Approved by the Board of Trustees and signed on its behalf by,



Gavin Bate – Chairman

## Receipts and Payments

		<b>Moving Mountains Trust</b> Registered Charity No. XR 62512 (Northern Ireland Charity)			
		<b>Receipts and payments accounts</b> For the period from April 6, 2016 To April 5, 2017			
<b>Section A Receipts and payments</b>					
	Notes	Unrestricted funds £	Restricted funds £	Total funds 2016/17 £	Total funds 2015/16 £
<b>Receipts</b>					
<b>Incoming resources from generated funds:</b>					
Voluntary income					
- unrestricted donations		155,095	-	155,095	142,041
- unrestricted Gift Aid		8,779	-	8,779	14,269
- restricted donations - East Africa		-	14,639	14,639	20,337
- restricted donations - Nepal		-	6,973	6,973	23,781
- restricted donations - Borneo		-	25	25	1,550
- restricted donations - UK		-	-	-	27,529
<b>Other incoming resources:</b>					
Bank interest		-	-	-	-
<b>Total receipts</b>		<b>163,874</b>	<b>21,636</b>	<b>185,511</b>	<b>229,508</b>
<b>Payments</b>					
<b>Costs of generating funds:</b>					
Promotional activities (includes website, etc)		502	-	502	1,092
Staff costs		5,928	-	5,928	8,721
<b>Charitable activities:</b>					
Donations to Moving Mountains East Africa		79,987	14,492	94,479	85,619
Donations to Moving Mountains Nepal		36,721	4,744	41,465	41,091
Donations to Koperasi Cooperative, Borneo		-	-	-	8,003
Personal Development & training		24,765	-	24,765	60,186
<b>Governance:</b>					
Staff costs		-	-	-	-
<b>Other resources expended:</b>					
Staff costs		5,928	-	5,928	8,721
Bank charges		299	-	299	257
Just Giving charges		216	-	216	216
Insurance		1,899	-	1,899	1,891
Miscellaneous expenditure		350	-	350	1,966
<b>Total payments</b>		<b>156,595</b>	<b>19,235</b>	<b>175,830</b>	<b>217,762</b>
<b>Total receipts less total payments</b>		<b>7,279</b>	<b>2,401</b>	<b>9,680</b>	<b>11,745</b>
<b>Cash funds last year end</b>		<b>33,307</b>	<b>7,125</b>	<b>40,432</b>	
<b>Cash funds this year end</b>		<b>40,586</b>	<b>9,526</b>	<b>50,112</b>	<b>40,432</b>

## Balance Sheet

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds £	Restricted funds £	Total funds 2014/15 £
<b>Cash funds</b>	Cash at bank	40,586	9,526	50,112
	<b>Total cash funds</b>	<b>40,586</b>	<b>9,526</b>	<b>50,112</b>
Signed on behalf of the trustees	<b>Print Name</b>	<b>Signature</b>		<b>Date of approval</b>
	Gavin Bate			25-07-16
	Andrew MacDonald			25-07-16

## Restricted Donations to East Africa

<b>Restricted funds - East Africa;</b>			<b>Brought forward from 2015/16 £</b>	<b>60% of Receipts 2016/17 £</b>	<b>* Payments 2016/17 £</b>	<b>Carried forward to 2017/18 £</b>
<b>Category</b>	<b>Restricted fund</b>	<b>Donor</b>				
Social Welfare	Ulamba Children's Home & ECD	Ben Clark Foundation	-	6,000	** 6,000	-
			-	<b>6,000</b>	<b>6,000</b>	-
Education	School Fees	Granaghan Outreach	-	250	** 250	-
Education	School Classrooms Gatwe Primary	Sarah's Hope	-	2,111	-	<b>2,111</b>
Education	School Classrooms Tigithi Secondary	Granaghan Outreach	-	6,000	6,000	-
Education	School Classrooms Tigithi Secondary	Chris Morrone Fund	-	68	68	-
Education	School Facilities Ng'aroni Primary	Wolverhampton Rotary	-	210	210	-
			-	<b>8,639</b>	<b>6,528</b>	<b>2,111</b>
			-	<b>14,639</b>	<b>12,528</b>	<b>2,111</b>

**Note:**  
In normal circumstances restricted donations for East African projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of such donations. These donations have been accepted on the basis that 100% of the donation will be restricted and be spent fully on project costs or personal development.

## Restricted Funds to Nepal

<b>Restricted funds - Nepal:</b>			<b>Brought forward</b>	<b>60% of Receipts</b>	<b>Payments</b>	<b>Carried forward</b>
			<b>from 2015/16</b>	<b>2016/17</b>	<b>2016/17</b>	<b>to 2017/18</b>
<b>Category</b>	<b>Restricted fund</b>	<b>Donor</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Health	Healthcare facilities	Nepal Med Camp 2016 clients	-	4,096	4,096	-
		Nepal Med Camp 2017 clients	-	2,229	-	2,229
			-	<b>6,324</b>	<b>4,096</b>	<b>2,229</b>
Education	College Development	Swiss College Businesses	5,161	-	-	<b>5,161</b>
			<b>5,161</b>	-	-	<b>5,161</b>
Community Development	Bupsa Water Distribution	Himalayacamp 2016 clients	-	614	614	-
		Earthquake Repairs	-	34	34	-
			-	<b>648</b>	<b>648</b>	-
			<b>5,161</b>	<b>6,973</b>	<b>4,744</b>	<b>5,161</b>

**Note:**  
 In normal circumstances restricted donations for Nepalese projects are only accepted by Moving Mountains on the donor's agreement that 40% of their donation will be used not for specific project work but to pay for ongoing in-country staff and support costs. The above restricted income therefore represents 60% of donations.  
 Except for donations made to Earthquake Appeal where 100% of donations were sent to MMNepal

## Restricted Funds in the UK

<b>Restricted funds - UK:</b>			<b>Brought forward</b>	<b>100% of Receipts</b>	<b>Payments</b>	<b>Carried forward</b>
			<b>from 2015/16</b>	<b>2016/17</b>	<b>2016/17</b>	<b>to 2017/18</b>
<b>Restricted fund</b>	<b>Category</b>	<b>Donor</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Personal Development	Camp and Kilimanjaro climb	Leeds Rag 2016	1,964	-	1,964	-
			-	-	-	-
			<b>1,964</b>	-	<b>1,964</b>	-

## Staff costs, Volunteers, Contribution in Kind and Fundraising Expenditure

<u>Staff costs;</u>					
				<b>TOTAL</b>	<b>TOTAL</b>
				<b>Staff Costs</b>	<b>Staff Costs</b>
	<b>Fundraising</b>	<b>Administration</b>	<b>Training</b>	<b>2016/17</b>	<b>2015/16</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Salaries	5,670	5,670	11,341	<b>22,682</b>	<b>33,370</b>
Employer's social security costs	257	257	515	<b>1,029</b>	<b>1,514</b>
<b>Total Staff Costs</b>	<b>5,928</b>	<b>5,928</b>	<b>11,855</b>	<b>23,711</b>	<b>34,884</b>
Time spent	25%	25%	50%	<b>100%</b>	<b>100%</b>
Staff costs have been apportioned between activities on the basis of time spent.					
During 2015/16 the charity employed one full time & one part time member of staff (2014/15 - 2 x full time employees)					
Additional part-time member of staff was employed from September 2015					
The trustees do not receive any remuneration for their services, and were not reimbursed for any expenses incurred during the year.					
Employers social security costs are calculated as 4.34% of total staff costs					
<u>Volunteers;</u>					
During the year, the charity also benefitted from the work of a number of volunteers;					
the trustees would like to thank everyone who donated their time.					

## Categories for Expenditure

Main Category	Second Category	Description
<b>Education &amp; Vocation</b>	Primary School Fees	Payment for primary school fees for children aged 7 - 14 years
	Secondary School fees	Payment for secondary school fees for children aged 14 - 18 years including additional costs
	College fees	Support for college courses, university fees or vocational training
	School classrooms	Capital funding for any new classrooms or rehabilitation of structures, in collaboration with authorities and local committees
	School facilities	Funding for libraries, toilets, water tanks and facilities specific to the educational institution which may or may not also be income
	Teaching resources	Purchase of instruments, books, arts, sports kits and any other equipment necessary for non-examinable subjects
	Teacher salaries	Supplement of salaries for teachers who are involved in communities where we work
<b>Personal Development</b>	Youth rehabilitation camps	Kwa Sisi (One to One) which are the highlight of the year for our beneficiaries
	Black Cats football coaching	Funding for matches, coaches and training equipment for our youth football teams around Kenya
	Mount Kenya expeditions	Funding for any expeditions to Mount Kenya for our beneficiaries as part of their overall development and rehabilitation
	Career development	Funding for work experience, career visits, courses and interns that we provide for personal and career development
	Volunteer training	Training in the UK for preparation of groups and volunteers going
<b>Social Welfare</b>	Ulamba Childrens Home & ECI	Costs for the running of the childrens home in western Kenya, with 23 children and 7 staff
	Child care at Mama Fatuma	Donation towards the costs for certain children at the Mama Fatuma Home in Nairobi
	Embu Rescue Centre	Funding for the rescue centre in Embu that provides food and support to street children
	Home support services	Helping for home costs covering food and rent of the families of children we support in school
	Child Support Services	Any additional payments for children eg bags, fares, pocket money
	Community Infrastructure	Building of water tanks, wells and pipelines which are part of the improvement of community infrastructure and increased quality of
<b>Health</b>	Building clinics	Building and renovating of clinics or medical institutions
	Healthcare facilities	Providing facilities at medical institutions
	Home healthcare	Funding for medical support in the home, medicines etc of families we support through the children and home support services
<b>Economic</b>	Social Enterprise	that have a social benefit and stimulus for the community or environment.

### Adventure Alternative - donation in kind:

Donations in kind included office space, telephone, stationery, postage and travel expenses as well as 25% of the time of three full-time members of staff in the Adventure Alternative UK office, amounting to an estimated total of £50,000 per annum.

## 5. Review of Charitable Activities

### Moving Mountains in Kenya

In Kenya we continued our support of the Rescue Centre for Street Children in Embu and the feeding programme that is run from it, as well as the Black Cats sports and music programme in Embu. We also continued with our support and development of Ulamba Children's Home in Western Kenya, Primary, Secondary and College student support, and salaries for teachers, medical support staff and social workers who help to manage all the projects and supported children across East Africa.

These long term programmes form the backbone of our funding as we continue to keep people in employment who have a direct influence and impact on hundreds of people locally. We are very proud of this long term commitment because we have seen over many years how it helps to create communities, careers and a consistent level of success in our aim to relieve people who are living in poverty. This commitment is largely possible because of so many long term standing order donors.

#### **Developing School Facilities:**

In August 2016 we had a team from Adams Grammar School helping to run a camp with some of the children who benefit from our school development at Urban Primary School in Embu town, a Government School providing quality education for children from the neighbouring slum communities. The same team also helped in the renovation of a number of classrooms at the school.



In September 2016, long term friend of Moving Mountains, Dr Orla Batt, brought a team out from the Blackrock Walking Club in Cork, Ireland to renovate all 10 classes at Embu County Primary School, another Government School which neighbours the slum communities of Embu town and the first school which we started working with in Embu. The team worked with our Community Development Team and some of the former street children in Embu who have been supported at the Embu Rescue Centre.



In September 2016 Granaghan Outreach from Northern Ireland continued with their support of Moving Mountains projects across Kenya, this time with the construction of a new laboratory at the Chris Morrone Kiamathaga Secondary School, a relatively new Secondary which has been developed by Moving Mountains and the local community over the last decade to provide affordable, quality Secondary education for children from Tigithi and the surrounding area. The school has been built on community land next to Tigithi Primary (another school which has been completely renovated by Moving Mountains).



### **Pupil support and and counselling with Serah Kinuthia:**

Mrs Serah Kinuthia continues to look after all issues regarding the individual children who are supported by Moving Mountains Kenya, including their progress in school, college or university and their social welfare. Serah also acts as a 'mother' to many of the staff, volunteers and beneficiaries and is a constant source for level-headed advice which has made her a popular figure throughout Kenya and Tanzania.

Serah spends a lot of her time visiting our supported children all over East Africa where she works closely with communities, families and individuals to ensure that all the children receive the best start in life.



## Ulamba Children's Home and Community Centre:

Ulamba Children's Home in Western Kenya continued with its support and care of 23 vulnerable children from the region under the management of a team of 6 full-time staff - Sharon Morah (Manager and Social Worker), Wycliffe Odongo (Caretaker and Volunteer Coordinator), security team (Thomas, Shadrack and Vitalis) and our new main Carer, Lilian Akinyi, who had the difficult task of stepping in to the shoes of our former carer, Mama Rose, who is gone but never forgotten after losing a short battle with cancer in 2015.

The children of Ulamba are a variety of ages and have continued to flourish in both Primary and Secondary Schools located next to or near Ulamba. Moving Mountains continues to keep in contact with some of the children who have finished their education and moved on from Ulamba with some remaining in Western Kenya and some moving to Nairobi.

All of the former Ulamba children are happy and in employment, with some setting up social enterprises in Nairobi and others putting their education and college courses to good use and following their desired paths in health and education.

In April 2015, **Dr Mary Favier** travelled from Ireland to Ulamba with her daughter to help with a vaccination programme at Ulamba. All the funding for this was raised by Mary and her family and friends in Ireland and vaccinations were administered with the advice and support of our friends at the nearby Dophil Community Clinic.



During July in 2016 we had teams from both **George Watson's College and the Newport area of Wales** running camps for some of the children who benefit from our work in Western Kenya. Aside from the camps, both teams helped to construct three new road-facing buildings which could be used by Ulamba as an income generating project, renting out the buildings to local entrepreneurs to use as shops and to the Early Child Development Centre already on the site of Ulamba to expand their current set up.



### **Embu Street Children Rescue Centre:**

In September 2016 **Dr Orla Batt** funded and helped with a typhoid vaccination programme with the Ministry of Health in Embu at a rural clinic outside town, next to river which is used by a large community for drinking water. Unfortunately, up stream there are a number of plantations polluting the river so a lot of people in this particular region had been getting ill, the vaccination programme was developed with the support and staff from the Ministry of Health in Embu and over two days over 1,000 typhoid vaccinations were administered.



## Moving Mountains in Nepal

In Nepal we committed to continue funding the teachers' salaries in the Primary and Secondary schools in the rural villages of Bupsa and Bumburi in the lower Solu Khumbu region of the Himalayas, salaries for the clinic workers who had previously been supported through their community health care courses in Kathmandu, school fees for the kids at Sapta Gandaki and the lama teacher at Bupsa Monastery.

### Medical Camp:

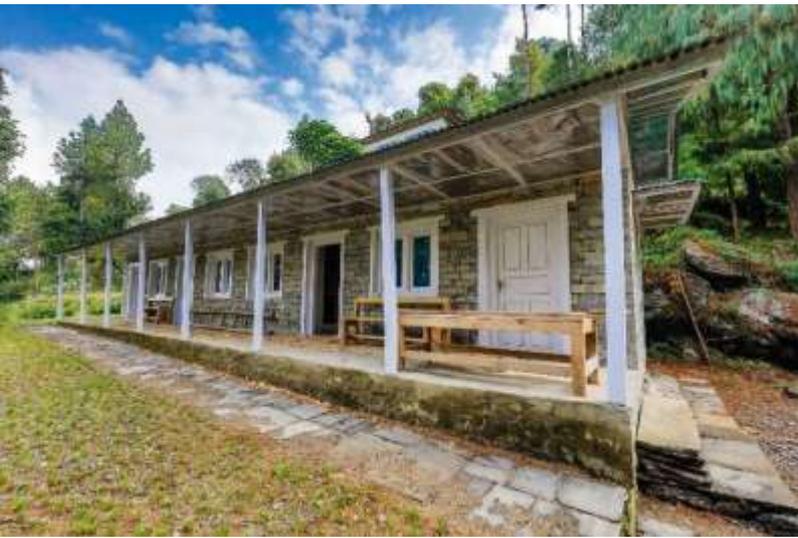
The annual rural Medical Camp continued to attract hundreds of villagers from all over the region with a team of local Doctors, Dentists and Nurses working closely with a team of medical students from Bristol University, treating a variety of illnesses and injuries during the 2-week camp in August 2016. The full report from the camp can be found at the following link;

Nepal Medical Camp - [https://issuu.com/movingmountains/docs/nepal\\_medical\\_camp\\_-\\_2016\\_report](https://issuu.com/movingmountains/docs/nepal_medical_camp_-_2016_report)



### **Bumburi Health Centre:**

Although we paid for the clinic registration in the previous year's accounts, it was officially registered in this financial year and the official opening was in April 2016 during Moving Mountains founder and Chairperson, Gavin Bate's visit to the region.



### **Education:**

Aside from the continued support of the teachers salaries in Bumburi and Bupsa, Moving Mountains also provides annual funding for school supplies, materials and text books to ensure the children who attend the schools have access to the tools needed for a quality education.

### Community Development:

In April 2016 a team from Leeds Rag visited Nepal on a fundraising Everest Base Camp trek, after which they visited the village of Bupsa where they started work on the water distribution project. A similar project has been completed in all homes at the village of Bumburi. When completed the village of Bupsa will enjoy all the benefits that the previous water distribution project has provided in Bumburi, including eco-stoves installed in every house (which dramatically reduce the smoke within homes and improves health), back boilers to provide hot water on tap and of course, clean drinking water.



## Moving Mountains in Tanzania

### Education:

In June 2016 a team from Leeds Rag travelled to Tanzania on a fundraising climb of Kilimanjaro. Before their climb to the 'Roof of Africa' the team built much needed toilets and wash rooms at N'garoni Primary School. The Rotary Club of Wolverhampton also funded new desks and chairs for the newly constructed classrooms at N'garoni.



## 6. Moving Mountains supporters activities

A number of Moving Mountains supporter's activities deserve a special mention, including the hardwork and the fundraising achieved by all the following teams who travelled out to either Kenya, Nepal or Tanzania at their own expense to help out with our development projects;

- Leeds Rag (Nepal and Tanzania)
- Adams Grammar School
- George Watsons College
- Welsh Africamp Team and the schools which support their pupils Kenyan Africamp
- Dr Mary Favier and her family and friends (Moving Mountains Ireland)
- Dr Orla Batt and her family and friends (Moving Mountains Ireland)
- Blackrock Hillwalking Club in Cork, Ireland (Moving Mountains Ireland)
- Granaghan Outreach in County Derry, Northern Ireland
- Bristol University and the Medical Students who joined the Nepal Medical Camp

We'd also like to give a special mention to Andy Hunt for his hard work behind the scenes with Africamp teams and at the Glastonbury Festival where he coordinates a large team of volunteer stewards at the festival to raise funding for Moving Mountains.



Moving Mountains would also like to acknowledge the hard work of the trustees of the Ben Clark Foundation, the funds raised and donated have allowed so many children to benefit from the care and support provided by our staff in Kenya at Ulamba Children's Home.

Another special mention goes out to Colin Flood and Moving Mountains Ireland, Sarah's Hope in Canada (who continue to raise money to help fund the development at Gatwe Primary School outside Embu, on the slopes of Mount Kenya), Peter Jack and our friends at the Rotary Club of Limavady, Mike Boyce and our friends at the Rotary Club of Wolverhampton and everyone who has set up a standing order which provides that crucial regular income to keep the wheels on Moving Mountains rolling.

We'd also like to thank Anne-Marie Morrone and her family for their continued support of the Chris Morrone Kiamathaga Secondary School. The school is now fully operational with 4 x classrooms, a laboratory and the other infrastructure required to educate Forms 1-4.

Finally, a very special thank you to Monica Tusch, who made a substantial financial donation to Moving Mountains in December after seeing the work we've achieved in the mountains of the Himalayas at Bupsa and Bumburi, we hope to see you out in East Africa in the future.

A big thank you to all the other people who continue to hold a special place in their hearts for Moving Mountains!

## 7. Thank You

All of the trustees, staff and beneficiaries of Moving Mountains would like to extend a heartfelt thank you to all of our donors and supporters around the world. Your support and commitment has again ensured that we were able to continue to achieve our objectives as a charity, benefiting disadvantaged children, young people, families and communities and working towards long-term development outcomes and strategies.

We extend a special thank you to the following donors and groups who have been instrumental in supporting the charity and enabling us to achieve our objectives over 2016/17:

The Ben Clark Foundation

Adam's Grammar School

University of Bristol RAG

Paul Lewis and friends

George Watsons College

Mrs Monica Tusch

Alex Staniforth (author of Icefall)

Welsh Africamp 2016

Sarah's HOPE School in Canada

University of Leeds RAG

Glastonbury Festival

Granaghan Outreach

Dr Orla Batt and the Blackrock Hill Walking Club

All of our Standing Order donors